

Article 110: Declare your self-purposing -part 3

If you haven't read Article 108 and 109, do not continue! What self and life and purpose you are willing to be and live and express forever? ...write that in the space below.

How can you always be and live that? How can you always follow this chosen self and purpose? Don't your beliefs, thoughts, attitudes, emotions, words, and actions lead in many different directions? Aren't individuals and events and feelings pulling you first one way then another? Don't your needs, desires, and responsibilities vary from one day to the next? Aren't there many new things happening to you every moment which must be considered? Aren't you learning and growing and changing? Don't you see other ways to express or embody your chosen self and life and purpose? ...and other things to do? Sooo, ...how can you possibly choose and fulfill such a limited purpose ...and in that be set free? Doesn't your choice already feel limiting? Well, it's not! ...and with your very first expression, you are the individual of your dreams, so don't quit just when your greatest, most meaningful self and desires are right in your grasp.

By making every decision relative to living your declared self and purpose as you have chosen, you are completely following and expressing your underlying greatness or trueself ...or lifetone; but now you realize that this is your active, meaningful being today. It is not hidden or lost or separate, nor is it waiting for you to become loving or enlightened or one with God, ...you are that greatness as soon as you express it!

Well, how do you stay focused and live every thought and word and action of greatness and live as you have chosen, ...and not limit yourself? Let's assume, as another example, that, because your employer forces you and others to work overtime without pay, you've decided to confront him. Certainly, you can get worked up over that ...and justify confronting him, ...can't you? After all, you'll probably reason, "He's not fair! Besides, he should be made to see and understand what he's doing." Well, if that's your choice, then Forever Living asks that you decide what specifically you will tell your employer. Choose your exact words. Avoid generalities. In confronting him, what will you say and do?

In making this decision, though you could ask your "Higher-Self" or "Spiritual Teacher" for advice or guidance as to what you should do or say, don't do that, ...make your own decision; ...after all, you are your own Higher-Self and Spiritual Teacher, so **always make your own decisions**, ...but, before you follow through, Forever Living will help you see and decide whether this is a fine and desirable decision for you. Ohh, we won't

let you get in to trouble. And we want you to stop separating from your Godself or Higher-Self or Trueself or Greater-Self, call it what you will, and truly be and live and possess yourself in that way. You forsake this from yourself and your life only by not fully being what you are.

Now, if you've made the decision to confront your employer, Forever Living requests that, before speaking to him, you ask yourself this question, "Would I, as a _____ (your declared self) _____, be willing to confront people forever and ever in the way I have decided?" If your answer is **no**, then reconsider your confrontation and words, ...and make another decision as to how you, in living your declared self and life, would speak and act.

But you'll probably decide that, in living your declared self and life, you'd always be willing to confront them about their unfairness, so if your original answer to this question is **yes**, I'd be willing to do his forever and ever; or you've chosen another action or different words and actions, then ask yourself, "Would I want to be confronted or spoken to in this way forever and ever?" If you felt you would confront others about their unfairness, would you want to be constantly confronted with your own unfairness? If not, then answer **no** and make a different decision; ...and ask whether, in living your declared self, you'd be willing to do this newly-selected action and have it done to you forever and ever. Continue choosing and questioning your decisions until you can truthfully answer **yes** to the question that you would be willing to do as you have decided, and you are willing to have that done to you forever and ever. Then do as you have decided.

If you wonder why we ask you to consider your self and actions in these ways, remember that you have in life as you give, so if you offer unfairness ...you will be treated unfairly, ...but, like action/reaction being simultaneous, you will receive unfairness as you speak unfairly, ...so be wise about what you choose ...and how you live and act.

And when you do exactly that, your words and actions are consistent with your declared self and life and purpose. There is no waiting or working to become as you desire or to live your trueself, for at the moment you truthfully make these choices in this way and follow through, **you are your declared self living as you truly desire**. And you have what you have chosen. But remember, in following through with these actions, it is obvious that you as well have chosen and created this "unfair employer" in your own life. See how self-aware you are becoming? And you will choose the most wise and loving words to say to him, ...won't you? You certainly wouldn't want improper or unfair words to be spoken to you forever and ever, ...now would you?

But remember, regardless of the outcome, you always make your choices to serve yourself; so, if the results are not as you would have them be, then maybe your answers or actions were not honest. Reconsider

them. Or maybe you decided to do one thing, but actually did something quite different.

If you feel this process is too involved, think back, remember when you were learning to ride a two-wheel bike ...and had to concentrate on not falling over? You consciously shifted your weight, sometimes too far to one side, and had to adjust; soon, by concentrating on your actions, riding was natural and you made corrections with complete ease and confidence. Well, following Forever Living is much the same: at first, you must concentrate and make conscious adjustments, ...but this will soon become easy and natural; ...and with great confidence and satisfaction, you'll be able to rely on your decisions and actions as expressing and fulfilling your trueself; ...and in that, you are living your declared self and life. And with practice, as you create even greater and finer expressions in this way, you grow to become an even stronger, more extraordinary example of your declared self living your purpose in your self-chosen way.

17. Now, let's go back to your answer to question 3 (or your revised answer). What are you willing to be and live and express forever and ever?

18. Relative to being and living as you have written in 17, how would you respond to our example of your employer's unfairness? Be specific. Avoid any vague generalities. If you choose to be "loving," you must decide and indicate what loving action you would offer. If you decide to offer "happiness," what would you do or offer which would express your happiness? And if you would be helpful or forgiving or accepting or confrontive, what specifically would you do? Be very clear and sure. It's not necessary to be great or grand, make simple choices and decisions which you can fulfill, ...for that's the first sign of a happy, loving, spiritual individual: making and fulfilling the simplest things. Be yourself ...and true to your purpose. What decision have you made?

19. Are you willing to follow through with your decision in 18 forever and ever? Answer yes or no ...then go to 20.

20. If your answer to 19 is **yes**, proceed to 21. If your answer is **no**, return to 18 and make another decision, then, if your new answer to 19 is

yes, proceed to 21. In either case, confirm your answer here before moving on. Are you willing to be true to yourself and your Forever Purpose ...and follow through with your decision forever and ever?

21. Since you've agreed to live and offer this decision to others forever, would you be willing to live and possess that same decision and action in your own life, ...and have it done to you forever and ever?

If your answer to 21 is **yes**, you are your trueself and can wisely and lovingly, and with great self-awareness, proceed. But if your answer is **no**, or there are any doubts in your mind, then return to 18 and begin making finer choices and decisions again, for whether you live your old way or follow Forever Living, **you will surely have, and have to life with, whatever you choose; so why not make the finest choices possible?**

Well, those are the Forever Living steps to declaring your Forever self-purposing ...and being and living and possessing your trueself ...and your greatest, most meaningful desires. Practice this again and again, so that, like riding a bicycle, you'll soon live and express and possess your finest self with great ease. Begin with the examples on page 115 of your Forever Living book, or create new ones. Practice with a group, for by using the same example and seeing other's decisions, you'll be able to help them and yourself make more truthful, fulfilling, and meaningful choices and follow through. And as you continue this process for everything in your life, at all times, you will quickly see that you are being and living and expressing, with every belief/thought/attitude/word/action, your finest self; ...your Godself.

No matter what you decide, one decision is not better or worse than another, ...one is not right and another wrong; but if you want to be truly happy and enriched and fulfilled forever and ever, choose that meaningful happiness and enrichment ...and fulfillment and become that through Forever Living. Your alternative is to continue living as you have been ; and you know what that's like. How have you been doing? **Is it time to have a Forever Living life ...and be a Forever Living person?** The choice is yours. Whatever will you choose?

***Declare yourself!
...and your self-purposing.***