

Article 118: Time's -Patterning in Action

The patterning of time enables infinite change and variation to occur within constancy and consistency, helps you to gradually experience the oneness of all things, creates order out of what would otherwise be chaos, forms a “stillness” so you can relate to your reality, ...and, in fact, time preserves you, for if time and the patterning of time did not exist, you could not bring meaning or purpose or consciousness to the universe ...or to yourself; ...in other words, if it were not for time's infinite-patterning there would be no need for you, for you could not enliven or manifest anything from the universe's infinite-patterning. The universe could certainly exist without time's infinite-patterning, but without that, you would not exist, could not relate to yourself and others and the universe, ...and you certainly could not grow, develop, and understand ...in any form.

You have the mental power to be in this moment and simultaneously keep the past alive within you, ...for you can remember the past and bring that into this moment. You can also live today and effectively in the future, for you can project yourself mentally into the future and organize matters today to prepare for your future. In this, your mind transcends the seeming fixed limitations of the moment and enlivens and manifests yourself and every cell of your mindful body in the past or future ...which enables you to experience and understand the oneness of all things. Have you ever noticed that those who constantly enliven the past and manifest themselves there age more rapidly? ...and those who project themselves into a desirable, self-created future and purpose age more slowly?

Time's-patterning is change, ...while specific changes are the manifestations of this patterning. Understanding this and moving with changes enables you to transcend time by moving with the patterning ...instead of resisting it. Transcending time does not mean to “remain fixed” while everything and everyone around you changes; ...it means to move in sync with time, not to resist it, ...for then your embodied cells and life are not controlled or affected by the appearance or movement of time, but may exist at a different rate of your own choosing. In other words, instead of living everyone else's manifested pattern of time, you live time's infinite-patterning pretty much at your own pace. As we have said before, you grow old and die primarily because you see others grow old and die, ...and thus you manifest this pattern to guide your self and life ...and then resist or struggle against your personal manifestation of time. In other words, you enliven and manifest *your time* and live within that according to what you observe ...and struggle against what you believe to be fixed, certain and inevitable, and in control of you ...instead of fully being and living as you truly desire, ...or maybe you do desire to follow others' patterns of growing old and dying.

But remember, to transcend the patterns you see and have enlivened and manifested for yourself, you must live your transcendence with every belief, thought, attitude, emotion, word, and action ~hope and desire alone

are insufficient~ then the effects of your enlivened and manifested environment are far different than for others. Stop resisting the flow from past to future ...and manifest as you genuinely desire, for then you become an infinite-creator instead of a constant reactor, ...and you can respond to your self-created self and life through conscious understanding ...instead of judging and reacting to and resisting so much around you ...and within you. Time's-patterning enables you, through consciousness, to create the self and life you desire ...from the future to the present and on to the past. It is vital that you free your self and soul from the past and present ...and live your future, ...and always seek guidance from the future, for that is the truth of yourself today.

In physical life, time's-patterning brings balance into relationships that otherwise would be unbalanced, ...for physical life is a coherence system, a united and orderly whole, a oneness; ...it is the integration of seeming parts into harmonious working relationships ...or paterning. When matters or relationships are disharmonious, time enters to bring harmony back into the situation; however, when matters or relationships are in complete harmony in accordance with the universe's infinite-patterning, time does not and can not occur within the situation. Therefore, time will disappear as a limitation in your life when you are so harmonious with your lifeseif and the environment around you that there is no need or desire for time, ...or no time for time.

Haven't you experienced being so harmonious with what you are doing, or in the flow of those actions, that time disappeared from you and your life for those few moments? If you want the limitations of time to disappear altogether from your self and life, remain completely in harmony with your lifeseif ...and fully in the flow of your doing and expressing. This is self-evidenting.

The purpose of intimate relationships ~including relationships with yourself, with the environment, and with all others~ is to allow common or unifying interests to be developed to a point of mutual interaction and indispensability without dependency, for then there is no need for time ...and all such relationships in the universe exist and function mutually without disharmony ...or the seeming limitations of time's-patterning. You can see, then, that you are not struggling against time in your life, nor are you moving through time, you are actually time and the limitation of time in your own life.

Have you ever noticed that individuals who seem to be completely and harmoniously in the flow of their life, their meaning and purpose, and their beliefs/thoughts/attitudes/emotions/words/actions seem to age more slowly than others ...and appear far younger than their chronological age? Have you ever considered that the harmony in their life might have a great deal to do with keeping time, time's-patterning, and the limitations of time out of their mindful body and life? You can do the same in your body and

life! ...or would you rather live and struggle with and against the ravages of time? Living your judgments and what you are against creates disharmony and limitations ...and the weakness, devastation, and destruction of time's-patterning.

Einstein indicated that if you leave the earth in a rocket ship and travel close to the speed of light, when you return to earth several days later, you will find that life on earth has advanced 30 years or more. Do you see that when in complete harmony with yourself and all of life, your vibrational rate is such that time is essentially excluded from your body and life? It is much the same as traveling close to the speed of light, ...except that you can do that here and now. Your human life will be as completely successful and satisfying, and as meaningful and purposeful, as the harmonious relationships with individuals and things and matters, which you create and sustain within you and all around you, which follow the harmonious patternings of your finer self and life, of the environment around you, and of the greater universe. This does not mean for you to "become", through meditation or other means, as the environment, without self, ...for that is not what you truly desire, ...this means for you to be so completely in harmony with yourself and life and the environment that time's-patterning and limitations are excluded from your lifeseif.

Ohh, ...by the way, this also excludes pain and suffering from your self and life, for these only, and can only, occur in time. All desires and illnesses reveal your judgments and disharmony ...which requires time's-patterning to return balance and harmony to your self and life. Through all of this then, it seems that the purpose of time and time's-patterning is to enable you to create and live enduring, harmoniously balanced and fulfilling relationships with yourself and all of life.

It seems that, relative to time's-patterning ...and time itself, expressed through change and limitation, you must understand the most elementary facts about the possibilities available to you in life. For instance, you don't even understand the basic link between time and the world around you; between time and illness; between time and energy; or between time and your spiritually mindful body and life. You do not live in time, you bring time into your self and life to balance and harmonize the conflicts and disharmonies you are judging into existence and living, ...is that what you want to continue?

Unfortunately, time's-patterning conceals the extent of judgments and disharmony you are creating and living. It seems that life without disharmony, which has to be balanced by time's-patterning and limitations, is beyond your conceiving, ...could it be that since dreams are presented in a different patterning of time with few limitations ...and without judgments, that dreams are, in that, pointing the way for you to understand that complete harmony without the need for time's-patterning and limitations only occurs without judgments? After all, without judgments, things in your

life are all good and benevolent ...and harmonious, ...and there is little or no need or place for time in your body or life. How time-filled and time-consumed are you right now? Are you willing to be timeless ...without judgments?

If your life seems all too brief, maybe you should reconsider your judgment-created disharmonies that require the appearance of time ...with all of its presumed limitations. Your self and life will grow more meaningful, purposeful, enrichingly fulfilling, enduring, and less time-dependent as you end your judgments ...and live more harmoniously with yourself and your self-created environment, ...for then the direction of your Forever Life becomes self-evident ...as you exclude judgments that otherwise enliven and manifest disharmony and bring time's-patterning and limitations into your self and life. You alone create or withhold your meaningful immortal self and life with every judgment, ...is any judgment worth such a terrible loss?

Think carefully and choose wisely, otherwise you will continue the weaknesses, limitations, and ravages of time in your spiritually mindful body and life, ...are you prepared for such a future?