

Article 128: Life is **NOT** a Process! – part 2

Following your example, going to acupuncture school is not part of the process of becoming an acupuncturist, ...but believing that it is... and seeing all things as processes, you will struggle to find the process to cause happiness, the process to cause health and healing, the process to cause security, the process to unblock or balance energy, the process to cause fine relationships, the process to avoid judgment and criticism, the process to gain recognition and acceptance, the process to cause success, and the ad infinitum processes to cause ad infinitum desires, ...but in this, you see, you have no free will because, with process, you cannot choose and have, you must choose and then try to find what causes that choice, or make a sacrifice to a particular “causing God” in order to have what you desire. That is not free will! That is life and struggle “as usual”.

And, of course, in all of this “process stuff”, life is “never fair” because you may have an “in” with a particular “causing god” which gives you advantages that I don’t have. Are you beginning to understand the “curse” of processes? The old statement that “life is a process not destination” is completely incorrect, for life is neither a process nor a destination, for either would destroy or withhold free will and make life a “crap shoot”, ...but as Einstein aptly declared, “God does not play dice with the universe.”

Now, like time, let’s return to all of life being complete at every instant ...with no prior aspect of life causing any additional life. In other words, and this is vital, though minutes 1,2,3, and 4 are essential before minute 5 can occur, these prior minutes do not cause minute 5; ...in the same way, though all prior aspects of life are essential for life today, none of this prior life causes this life-moment. For a process to exist, a preceding must cause a following consequence ...or always result in a particular consequence, for if a preceding does not cause a following, then no process exists ...and if you can separate the *following* from the *preceding*, then no process exists, ...and a sequence, like time or numbers or the alphabet, which does not cause or result in anything, cannot be a process either. Therefore, anything that does not in itself cause a consistent consequence, anything that can be interrupted, and anything that cannot be interrupted or changed cannot be a process ...and must be whole, isolated events occurring in a “changeable pattern”, but this is not to be confused with a process, simply because *the pattern is infinitely changeable*, ...therefore it cannot be a process, nor can it, being infinitely changeable, lead to a “knowable or consistent conclusion or result”; ...in fact, you cannot name anything that results in a consistent conclusion.

For instance, though you might say that, since $2+2=4$ is always true, it is a sequence and a pattern ($2+2$), and always leads to a consistent conclusion (4), this must be a process. Not so! If $2+2=4$ is always true, ...what are 2 inches and 2 feet 4 of? And though this is a sequence, 2 does

not cause 2 does not cause 4. In addition, since $2+2=4$ is a sequence only in a limited base ten math system, this cannot be a universal process.

Returning to your example of studying acupuncture being a process leading to being an acupuncturist, this cannot be true, because each step is merely an isolated step and does not cause or lead to a result or conclusion, ...but, and this is vital, you may arrange these individual steps any way you desire, ...which means that **YOU ALONE ARE THE PROCESS IN YOUR LIFE**, for you alone arrange complete events as you desire~one after the other, not one causing the other~and you alone establish the purpose or conclusion of your arranging/purpose/life/self.

But, not seeing this, and believing in processes “out there” which you must faithfully follow to have/cause/lead to your desires, you alone create a life of endless struggling to find and cause the RIGHT process to gain happiness, joy, relationships, love, success, etc.. Sound familiar? If you alone, are the arranger of events, etc. in your life~which is absolutely true~into the process you desire, then you must live your happiness~also known as living happily~and stop trying to cause or process happiness ...and all the other things you want in life.

But, you will protest that to become an acupuncturist, you must follow the process and standards set by society for licensing. Not so! **You are an acupuncturist when you declare yourself to be an acupuncturist** ...and you can be licensed when you meet all of the conditions set forth by society, but this is *an accumulation of isolated events or requirements and creates no process*, ...for meeting all of these requirements does not cause or lead to licensing ...and no requirement causes any other requirement, ...besides, society indicates each of the requirements ...and does not indicate any order or process for completing them.

And finally, if you complete every requirement and become licensed, though you can call yourself an acupuncturist, you are not an acupuncturist unless you live that. Similarly, you can meet all of society's, religion's, philosophy's, family's, or other seemingly reasonable requirements for being happy and not be happy ...until you declare your happiness by living that with every belief, thought, attitude, emotion, word, and action.

***You alone are the only process
In your life.***

Remember, this has to be true, or you are trashing your free will and purpose, which makes life meaningless. Does this seem familiar? ...seem wise? All things in life are whole events, like pearls, available for you alone~in your life~to select and string together as you desire ...thus, you are the process, ...and there is no process that is not you ...or which is

outside of you. Have you desirably processed your self and life? Switch from searching for the “right” process to follow ...and live the self and life you truly desire.