

Article 137: Even More About Enlightenment - part 1

The presumption of traditional enlightenment is that you cannot alter or change “what is”, you can only observe, experience and respond to “the truth of life and reality” without the confusions and interference of thoughts and self. Then, instead of dealing directly with the duality they believed was a fact of the universe, in order to block out duality-thinking, ancient teachers of traditional enlightenment devised “mind tricks”, such as koans and nonsensical statements and answers, which were intended to keep a student’s mind out of duality ...and traditional patterns of rational thinking. In addition, meditations were created to rid seekers of enlightenment, supposedly, of the self that does the thinking and seeking. In this way, it was believed that seekers of enlightenment would be “properly prepared” to receive enlightenment. All of this involvement overlooked the simple fact that confusing thoughts, duality thinking, and rational processes merely follow the pattern of language ...which formed the false judgments and confusion in the first place.

In other words, end your judgments ...and the desired openness and receptivity are there, ...and so is your self! ...ready to receive and live the enlightenment presented. In fact, open/honest/intimate receptivity and awareness without judgment IS the enlightenment you desire. It is not that all truths are then revealed ...for these enlightened truths are always revealed and have always been revealed, but, being blinded by judgments, you have been unable to see, experience, and live the enlightened, self-evident truth of yourself.

Your mind is not split into a duality of judgments, like two vicious dogs straining against a leash, which must be “tamed” or trained into a oneness or totally, for your mind is already one, ...and will function more-powerfully in that way ...if you will end your judgments, ...which are false judgments anyway, ...for, since dualities do not exist, judgments do not exist, which means that the different sides of your mindful brain, instead of acting in opposition, actually complement each other and function as a “greater whole”. The structure of language created the false appearances and assumptions of separation and duality in the first place ...which grew into false judgments and blinded you from the enlightened awareness of the universe. Self-evidencing enlightenment maintains your self fully active ...without any conflicting separation between yourself and the empowering oneness of all things. If infinite understanding is the goal of your desired enlightenment, ...of what value is there in that if your self-desired-self is not there to enjoy your infinite enlightened understanding?

Life is frequently described as a meaningless dance which, for you, begins with birth ...and during the dance, your supposed individuality or self which is dancing, projects meaning into the dance through sensing, thinking, judging, feeling, desiring, and fearing until the dance ends at

death. This creates life as a meaningless burden upon you ...rather than a universe that provides all your needs, gives you free will, supports everything you truly desire, and never imposes meaning or purpose upon you, so you alone can self-evidently create and live the meaningfully purposeful life you desire. Sadly however, many teachers and writers who are disappointed with the life they have created and lived declare that you cannot live as you please ...because life is in control of your life and you must live righteously and lovingly ...or suffer the consequences. This is not true! ...though by looking back at the events and circumstances in your life it may seem to be true. This point-of-view and the resultant conclusions and beliefs that this is true, occurred only because you believed this was so and lived your judgments.

Life fulfills your beliefs, thoughts, attitudes, emotions, words, and actions ...not necessarily your stated meanings, motives, desires, purposes, and intentions, ...but, of course, these will be equally fulfilled ...if you will fully support them with your beliefs, thoughts, attitudes, emotions, words, and actions, ...nothing less will do! After all, why ever would you expect the universe to offer you what you won't give to yourself ...and fully support? Enlightenment is the same! ...do not expect to have the enlightenment you are not willing to offer to yourself and others ...and fully support, ...and do not destroy the self that offers and supports. Yet ancient teachings state flatly that enlightenment~awareness of all things~cannot come about until your belief in a separate self (I or ego) is completely destroyed. It is vital that you have, maintain, and offer your individual self and your enlightened awarenesses, for making a choice to have self without enlightenment or to have enlightenment without self destroys both from you.