

## Article 13: Are You Living Personal-Truths Or Personal-Turtles?

Several centuries ago, before our present understanding about the movement of the sun and planets was common knowledge, an astrologer-turned-astronomer was giving a public seminar in London in which he described the sun and planets as huge, constantly revolving balls following endless orbits around the sun, all of which are spinning together through infinite space.

At the end of his lecture, an elderly lady stood up and proclaimed, "That's utter foolishness, ...everyone KNOWS the earth is flat ...and rests upon the back of a giant turtle!" Then, she sat down in quite a huff ...mumbling about "all the stupidity, being preached today ...which stands against commonsense."

The astronomer hesitated only a moment before challenging the woman's words by asking, "...And what, madam, is the turtle standing on?"

The lady jumped to her feet, and shaking her finger as though she was scolding a naughty little boy, declared loudly for everyone to hear, "Young man, ...don't you get SMART with me! Everyone knows ...it's turtles all the way down."



So, now, like the astronomer, we must ask, **are the personal-truths upon which you have built your self and life turtles all the way down?** Are you aware of and knowledgeable about your precious personal-truths? Or, are you, holding desperately to false teachings, which you believe to be "commonsense", simply because they are traditional ...and precious? Are you living "truths or turtles"?

If you believe something causes problems, unhappiness, or illnesses, ...or that you can create happiness or heal illness, then we will ask, "What are these causes based upon? ...what causes these causes? ...and what supports these causes of causes? Do you see how easily it is to construct a lifeseff based upon causes resting on the backs of other causes? ...a lifeseff of personal-truths that depend upon personal-truths? ...a lifeseff that is turtles all the way down?"

The self and life you are living today depend completely upon your personal-truths; ...have you reconsidered those truths lately? Do you even know what personal-truths you are living and using to construct your self and life? Are you building your self and life with unknown personal-truths? If so, that is like a mason carefully and accurately building a house brick by brick without ever questioning or considering the quality of his bricks. If you

are struggling with or against your lifeseif in any way, instead of questioning outer matters or inner beliefs or attitudes or emotions, reconsider your personal-truths, ...for, like the mason's bricks, they are the physical/nonphysical molecules of your embodied self and life.

If your self and life are built from and upon any form of the following often-quoted personal-truths, you will outpicture serious illness, conflicts, and unhappiness; ...consider these personal-truths carefully and see the burdensome self and life they create: The young and innocent are forced to suffer with the guilty. Illness, like a curse, may be inherited, ...as are constant feelings of guilt, grief, and unhappiness. Do you believe that your descendants will be punished for your "sins", just as you have been "punished" with genetic illnesses for your forefathers' sins? ...that the guilty frequently escape punishment ...and others are forced to endure their punishment? In much the same way, are your physical pains and diseases contracted from the unknown offense of some long-forgotten ancestor? Do you believe you must suffer in life not only to atone for your own errors and misdeeds, but also for the actions of your ancestors?

Do your personal-truths include any of the following? The universe operates with ruthless indifference to your needs and desires? Through environmental disasters, God exacts punishment on the guilty ...and the innocent. In this uncaring universe, your personal desires and purposes are meaningless and futile. It's dangerous and misleading to be happy ...or satisfied. Do you believe you are responsible for your own pain, suffering, ruin, and demise ...but not for your success and life? Do you believe in helpless dependence ...and judgment? Are you victimized by events and situations?

## **Have you recognized any of your personal-truths here?**

In article 14, we will present additional personal-truths for you to reconsider.