

Article 144: Enrichment

True enrichment is far more than increasing your riches or possessions, it is making your lifeseff fuller, more meaningful and purposeful, happier, and more satisfying and rewarding, ...which is a big order, ...but easy to do ...simply by ending your judgments and living as you truly desire, which will also add great beauty, nutrients, opportunities, and peace to your self and life without sacrificing the excitement you desire. Life without judgments can be truly enriching ...and fulfilling.

Judgments, which destroy the lifeseff you truly desire, get you into trouble even by implication, so don't believe you can hold back your flood of judgments, or hold them within, and they will not affect you, for the impulse to judge or so intense within you that they will gather strength until they burst forth. Giving into your impulses to judge and denying will not succeed either, ...you must end your judgments and dry them up at the source: your false belief in the threatening and dual nature of life.

True enrichment, which is life without judgments on your part, stimulates and changes the primary chemistry of your embodied self and life, while judgments, like your reproductive desires and instincts, achieve their primary purpose, meaningful or otherwise, merely through reproduction and increase. You have so justified and spiritualized your instinct to judge that you expend most of your life and energy on judging ...and struggling against what your judgments have created, ...there is no enrichment in that! There is a close connection between the intense energy you waste in judgments and the loss of enrichment or unhappiness you feel. Even if you direct your judgmental energy to spiritually or socially important or meaningful work, you will not feel truly happy or enriched, for you are, underneath all of that, still judging and struggling, ...there is no happiness or enrichment in that!

By living the lifeseff you truly desire, by reproducing and expanding your self and spirit through physical/intellectual pursuits which are particularly satisfying to you, and by establishing and passionately following a self-chosen purpose that is especially meaningful to you, you will relieve many inner-tensions which would, otherwise, burst forth in judgments ...and withhold the enrichment you desire. The world has known this intuitively and theoretically for centuries, but believing that judgments are "normal and right", and serve a useful purpose, has continued judging and struggling ...and hoped to gain spiritual relief from these self-created afflictions. Love does not resolve and overcome judgments, love is the absence of judgments, ...and so is enrichment.

Consider how much of your life and energy is wasted on judgments ...and then struggling with and against those very same judgments. By ending your judgments, this passion and creative energy is available to

bring forth enriching lifeself you desire. Energy is energy, it is not “good energy” or “bad energy”, ...thus, energy not used or applied in one area of your life may be instantly redirected in another area. Energy doesn't have to be cleansed or purified before use; ...even what you judge to be bad or destructive energy may be applied as creative energy to enrich you.

Are you an anxious wreck? ...or emotionally dissatisfied? Do you constantly indulge in impulsive desires? Are your activities and personal relationships starving the life out of you? Do you feel misunderstood? ...lost? ...or abandoned? Do you seem unable to find happiness and satisfaction in your present life? Does it seem that you are struggling endlessly to get ahead ...and falling further behind? If so, all of this wasted life and energy can be redirected to create and live the enrichment you desire, you do not have to cleanse yourself or atone for previous mistakes. Enrichment is not a reward for faith or “right” living, ...enriching is the way you live your lifeself ...without judgments. Enrichment ...as a life-force, must be and is available to everyone, ...only you can judge your enrichment away.