

Article 153: Improvement Limits You.

Improvement is: 1. Making or becoming better or increasing in value or importance; 2. Developing or creating a better condition; 3. Using well or making good use of. Do you understand that the first two definitions keep you endlessly trapped in self-judgments struggling against your selfimage to become better or more-important ...or to create better conditions? ...while the third definition is realizing and applying yourself ...not struggling against yourself and your judgments? A sense of improvement or desire to improve keeps you focused on a lesser self rather than your finest self. Trying “to become” keeps you from seeing and living the great truth of yourself, your unity with all things, and the meaning and purposes for your self and life, ...and this “trying to become” is then the dominating and driving force of your life, ...is that what you want to continue? Instead of improving yourself, see how you are limiting and denying yourself, so you can realize and utilize your finest self and great resources. Improvement interferes with your having and living as you truly desire.

You take your lesser beliefs, thoughts, feelings, and actions for granted and try to improve them, without stopping to ask where they came from ...or whether they are, in fact, true and real, or lesser. You take improvement for granted ...and see life in this world as an environment for improvement without ever questioning whether this is true ...or even desirable for you. Visualizing beyond your seeming capabilities, imagining greater achievements, or speaking of what you do not know and cannot do does not mean that growth, development, and improvement exist, ...it only shows that you are judging and limiting yourself. Dreams are more closely related to your real self than your thoughts, judgments, and feelings are, ...therefore, instead of struggling to improve, begin living your waking dreams, for the truth and history of yourself and the reason for your life and being will be found there.

Why are you interested in and struggling for growth, development, and improvement? Do you understand how this keeps you limited and away from being and living your greatest and finest self and life? Are you that willing to judge yourself out of and away from what you truly desire merely because others, out of their own fears, are constantly judging you? Will you continue forsaking yourself to growth, development, and improvement to satisfy others' judgments? What do you gain from limiting and sacrificing yourself so? There is far more to you than you are willing to openly know, acknowledge, and live. Living your greatest and finest self is not a matter of learning to awaken your subconscious self, expressing your higher self, or living your spiritual Godself, ...it is a matter of setting your judgments down and living the truth of yourself.

By limiting yourself through judgments, or by denying the truth

of yourself, a great portion of your beliefs, thoughts, attitudes, emotions, words, and actions are completely unintelligible or seem unreasonable, but the truth is clearly revealed to those who see without judging, ...and many of your own or others' actions, problems, and afflictions which always seemed so unfair or absurd are revealed in new, understandable ways ...and take on greater meanings and purposes. Or will you continue judging yourself ...and struggling to bring your self and life to a higher level of value, quality, importance, efficiency, and meaning; to increase and enlarge yourself; to raise yourself to a more-desirable place or position? Improve also means to make reparations or amends for. Great improvements and transformations, or spectacular changes, are not required, for, no matter how you try, you cannot improve upon or complete yourself, ...so stop limiting yourself and start applying the wholeness and greatness of yourself to being and living all you truly desire. Stop hiding behind "improving", ...and don't get trapped in correcting or making amends.

We have frequently declared that by not denying you the right to believe and think as you desire, to live whatever attitude and emotion you desire, and to speak or act as you desire, the universe has always fulfilled every belief, thought, attitude, emotion, word, and action you desire, ...so why do you limit yourself so? By believing in growth, development, and improvement, you constantly deny yourself ...and limit yourself. By believing in growth, development, and improvement, you strengthen and continue your judgments, which increases your struggles and discomforts ...and withholds the self and life you truly desire. By believing in growth, development, and improvement, you constantly choose ...and, in that, you destroy your free will. By believing in growth, development, and improvement, you constantly reach for a spiritual self and life of awareness and great freedom ...and deny your true awareness and freedom right here ...right now. By believing in growth, development, and improvement, you constantly set goals "to become or attain to", ...do you see how this denies the truth of yourself? Be and live your true goals.

If you want to discover the great truth and fineness of yourself, the first step is to stop denying and limiting yourself, ...or have self-denial and living your limiting standards become such a pleasurable habit that you don't want to change?

***Stop living to grow, develop, and improve,
...live and express your greatness right now!***