

## Article 204: Something About Some Things – part 3

30. It is not necessary or desirable for you to see, get in touch with, or understand your chaotic life.
31. Is intelligent, clear thinking your finest asset ...or your strongest opponent?
32. You live a spiritual life through your highest and greatest awarenesses and insights, but you also live a spiritual life when angry or depressed.
33. You cannot judge righteously.
34. Is it possible that you are more concerned with saying something that sounds profound than with learning something profound?
35. Which parts of today would you happily carry into tomorrow? Answering this little question reveals a great deal about the self and life you are creating and living ...and apparently struggling against.
36. Even the tiniest inkling of an idea deserves my full attention, ...how about you? If you don't fertilize that inkling with your full attention, ...how do you expect to see it grow?
37. Love your life as an amazing event, ...for truly it is!
38. "Living as you truly desire" is not a higher self, greater being, or spiritual self, it is for you to proclaim and live right now.
39. Have you ever considered that you know your trueself ...just as long as we do not ask you to describe it? ...in other words, you know what you do not know ...or you can know and live what you cannot describe, ...for example, you can recognize and respond to a smile ...yet you do not know what a smile is ...and you cannot describe a smile, for any description of facial movements or changes is a description of a face ...not a smile.
40. Nothing in the world will give your life meaning and purpose ...and true happiness. You must declare this ...and devote your self and life to living and offering yourself in ways and to ends you consider meaningful and purposeful.
41. Though your life is as it is, this does not mean that it is as it "ought to be" or can be to instill meaningful purpose and happiness in your life as you desire.
42. If language follows the structure of the universe, then language itself has nothing to reveal about the universe except the structure of the universe, ...and if language does not follow the structure of

- the universe, how can it possible reveal anything about the universe?
43. Though you may not realize it now, or care, in living your declaredself~trueself~you become a philosopher, for while, until now, you have lived one narrow aspect of yourself at a time ...and had to be content with that, your declaredself~aka the overriding principle in your life~being always and in all ways true ...and the basis of your true knowing, will faithfully guide you to the philosopher's view of a far more expansive self and life ...so you may understand and guide others.
  44. By living your declaredself/trueself/overriding principle, you openly portray your universe as a whole. Only a practicing philosopher can see and truly appreciate and live life beyond what is commonly believed or known. Of course, in living your declaredself ...you are a philosopher of living life not merely one of words and concepts.
  45. Every cell of your body is consciously aware of you and your life, ...therefore, since your words and actions may have a greater effect on people than you realize, never speak or act without considering their effect on your own feelings and body cells; ...be fair-minded with yourself!
  46. Love, cheerfulness, anger, enthusiasm, and anxiety are lived and expressed with every cell of your body, ...are you aware of what you are doing to yourself?
  47. To remove fear and anger and resentment from your mind is not sufficient, you must remove them from every cell of your body, ...but then, it's also just as difficult to remove your love and laughter.
  48. If you want to end your judgments, begin by not judging yourself.
  49. If you won't take the time to get intimately acquainted with a stranger, ...how do you ever expect to know yourself?
  50. When you feel victimize and abandoned, your body cells feel victimized by pathogens ...and abandoned to illness, ...are you willing to reassure and companion with your body?
  51. Choose your words carefully, ...for your body cells may have to eat them ...and struggle to digest them.
  52. All limitations are self-created and self-imposed; ...you can think beyond your present capacity to think ...and live beyond your present limitations, ...why are you confining yourself so?

53. You are not limited by anything from the past, you suffer and struggle simply because you do not understand.
54. Every cell of your body is calling you to live your meaningful purpose; ...do you believe it is possible to live as you truly desire without involving your body? Completely involve your physical body, do not deny it, weaken it, limit it, or blame it. Let go of false notions of who you are ...and what your body is.
55. Transformations are taking place within you, ...have you decided what you are transforming into?
56. In a duality world, when going through difficult times and situations, the finest inclination is to indulge in wishful thinking, ...maybe that's the only time you aren't judging.
57. It is said that wishful thinking is never really helpful ...because it drains you of creative thinking and energy, but wishful thinking without judgments will increase your awareness and empowerment, ...maybe you should consider even more of this *non-judgment wishful thinking*.
58. Relax the judgments of your thinking to admit inspiration, connections, and creative ideas.