

Article 206: Choice ...to Choose or Not to Choose – part 2

Each choice is a complete steppingstone, which is why “all choices are equal” and do not, in themselves, create or cause consequences; ... a continued pattern “leads to” a result, but that pattern did not cause the consequence ...any more than a road leading into town causes the town, ...yet, any pattern leading to a result is, in one way or another, assumed to cause the consequences.

Do not make a choice then sit back and wait, for that is merely *wishful thinking*, ...treat each choice as a “choosingstone” for the next step ...and the next, for you have in life only what you have created and to where you have taken yourself. You are not following a pathway of choices, you are creating that pathway, so look behind yourself and see what you have created and t where you have brought yourself ...and realize that if these are not what you want in the future, you can make wiser, more-desirable choices.

If you haven't made the fundamental choice to create and live the life you truly desire, it will be difficult and sometimes almost impossible for you to make or fulfill other life-choices. Creating the self and life you truly desire is your choice, and if you don't make this choice ...you will spend most of your time and energy rearranging matters ...or holding back the tide of events and circumstances which you unknowingly brought yourself to with every belief, thought, attitude, emotion, word, and action, ...and you will move from one problem or situation to the next ...and never seem to have enough time for yourself and your desires. Life will fill your time instead of you fulfilling life's time.

Have you made the fundamental choice to always do your very best? If not, then, in every situation, you have to decide “what” to do ...and how much of that to do, ...and in that you are continuing and strengthening your judgments.

A fundamental choice is one about your life and state of being, ...and a fundamental choice to always do your very best can quickly change your self and life from one of judging and reacting to one of being self-creative at all times. Without making this or similar fundamental choices, your life will wander ...even drift ...and be filled with too many confusing, undesirable, and possibly unresolvable events, conditions, and relationships. The choice of being *creative or reactive* is up to you, ...and to be lesser or finer as you desire is also up to you. Once you make the creative choice, though little might change at first, many things will become clear ...and your life will finally make sense.

As time and circumstances change, only by constantly living and reliving your committed choices in every situation to your very best will you find that those choices do not, gradually, slip away ...and need to be renewed. Life is funny that way, for while it fully supports you at every moment, that support requires, constant commitment on your part, ...for just as a fire will go out without fuel, your life requires constant refueling with commitment in order to continue burning passionately ...or with fire. The choice is yours.

In making choices, being true to yourself means living your self-chosen individuality and meaningful purpose as you truly desire, ...and though it seems that all such choices are fundamentally different ..and subject to change in every situation, depending upon circumstances and how you feel at that moment, the truth is, whether tired or alert, depressed or passionate, or even uncaring or completely trusting, you will act in accordance with your trueself or basic nature as you visualize that to be. Though it seems otherwise, your personal visions and selfimages are clearer and stronger than events or circumstances in your life, ...in fact, the conditions and situations of your life always follow the pattern you choose and visualize and live, for life is your servant ...not your master.

**Relax the boundaries of your mind and imagination
...and admit new choices and visions.**

Situations do not create enriching happiness, ..you must visualize and sensualize your choice of enriching happiness and bring that to life as a pattern for events and circumstances to follow. Failing to consciously set the pattern you desire for life, you will live and probably struggle against what is occurring without realizing that those events are actually following the underlying pattern of default-choices you are creating and living.

**You cannot hide from yourself
...or hide yourself from life.**

There is a vast difference between announcing choices and making definite use of them, ...you must not only understand your choices and their creative pattern, you must consciously apply them ...and constantly expand them, for choices without steady application are meaningless ...and will never accomplish anything worthwhile. Practical application begins with your next choice, ...be certain that each choice is sufficiently clear, understandable, and applicable that you can make conscious use of

it, for the more good you set into motion, the more goodness you will experience and enjoy. Learn to blend your inner and outer choices as you truly desire!

If your previous choices were wise and desirable, why aren't you happy? ...and if those choices were not so wise or desirable, why are you continuing them ...and living in your old ways? Do not attempt to hide and protect your old beliefs, traditional thoughts, ill-advised choices, unwise or inappropriate actions, and undesirable experiences from scrutiny~especially from your own scrutiny~and be patient with yourself, for this self-awareness/understanding alone is the beginning of your authentic life's purpose. Make all choices in a consistent contemplative state, not in a hasty state of anxiety or self-criticism, ...for your choices in life create their own experiences, ...are you living with daily discomforts as your experience your own choices? Is it possible that you have become a master at continuing, reinforcing, and expanding your discomforting choices? Is it possible that beneath all of your choices, you are actually choosing to change yourself and your life by choosing to change others and events in your life? In this, haven't you overlooked the most obvious and achievable approach to resolving your difficulties ...by choosing to change yourself? Your capacity to genuinely choose anew, which is change through expansion, enables you to instantly make truly profound differences in your self and life, ...then, as you become happier with your new choices, the attitudinal change alters the dynamics of every subsequent choice and action.

[Are you choices incredible gifts you give to yourself?](#)