

## Article 300: Does Unloving Actually Exist? –part 1

Can you ever be unloving ...or commit an unloving act? Do not begin rationalizing your answer, considering previous experiences, or justifying old beliefs and understandings, ...answer only from and within the words offered, for, though you may not realize it, unloving acts exist only in the language, not in the universe, ...therefore, if you cannot understand this in your language, you certainly cannot understand this in practice. We will repeat the questions: **Can you ever be unloving ...or commit an unloving act?** You believe you can, ...don't you?

Well, let's see if that's true.

Only if you describe "loving" does unloving have any meaning as *not loving*, but that which is unloving is something other than loving, just as horses are other and different than cows, they are not uncows, ...and as uncows do not exist, unloving does not exist either. It is time to clearly describe things for what they are, not for what they are not! If you feel that anger, hate, or causing fear, for example, or guilt, resentment, or inflicting pain are unloving or not loving, then be honest ...and clearly and correctly understand this ...and describe these things for what they are, for in doing that you are not judging, ...but by describing them by what they are not, you are fully lost in judging ...and consumed by your own judgments. If an action is something other than loving, it is not unloving ...it is something else.

No one can ever be unloving  
or commit an unloving act!

Besides, if you believe that essentially and fundamentally all things are loving, then there cannot be some things that are loving ...and some that are not, for even not-loving things are loving.

Of course, you probably believe this is all "language-stuff" and has nothing to do with reality, for you have experienced unloving actions, ...haven't you? ...but since you cannot describe *loving*, ...how can you possibly know *unloving*? It seems that your misuse of language got you into this mess, so maybe correct understandings and proper use of the language will ease or help resolve these and many others problems.

All right, what we've said so far is that though some acts seem to be other than loving, they can never be unloving, ...therefore, all actions are loving, which means that love is the fundamental action of all things in the universe ...and unloving or not-loving things cannot exist. This is your "loving" dichotomy language in action ...do you like what this reveals? Of

course not! ...for you still believe that love and unlove exist, ...but how do you know what is loving and what is not? ...for, since unloving and not-loving are both known as *not being loving*, then love is fundamental to everything in the universe ...for even that which is considered unloving is sustained by love,...therefore, you cannot be unloving or commit an unloving act.

These understandings alone will not lessen or resolve your problems and confusions and judgments, but seeing and knowing and living all things from a more-expansive awareness beyond language ...instead of limiting your self and life ...and your beliefs•thoughts•attitudes•emotions•words•actions to what the present structure of all languages allow will certainly help you.

*Beyond language, you are infinite wisdom and love.*

But don't proclaim, "I thought so! ...thinking and rationalizing and talking about things has always been the problem, we have to *come from our heart ...or just be,*" for all such actions are deceptive ...and continue the original problems while creating new ones. In *coming from your heart*, you are reacting to sensations, but to know these sensations or declare what they are, you must language them~either silently in thought or aloud in words~in order to speak to yourself about those sensations and decide how to respond. And if you insist on "just being", ...who are you that is "just being"? Do you really believe you can have an enrichingly fulfilling life without knowing who you are or what you are doing? ...or by just being ...and not doing? Are you content to be a passive witness in your own life? If so, without language, how will you ever know what you are being and living?

Your view of life and the image you have of yourself in that life were both constructed from the same dichotomy language ...such that what you believe whether loving or unloving, is exactly what you experience ...and what you see in the world around you, yet none of this reveals that your beliefs, views, and experiences are true, only that you believed, created, and experienced them. In all of this, while maintaining your language, you cannot change your selfimage or actions and expect that your view of life will change ...or change your view of life and expect your selfimage and actions will change. Ohh, matters may look and feel somewhat different for a while, but beneath it all, everything will continue much "as usual". To make serious changes, you must simultaneously change the substance and essence of your self and life ...and your believing•thinking-language.

If you are pleased with the livingself and life your language has created, continue as before, ...but remember, your thoughts and words ...and the structure of your language are the poisons of the self and life you truly desire, ...look nowhere else! ...for your language creates the image and quality of your self and life.

Be open and receptive to  
a greater and finer language.

Let's compare love and mind! Love realized as unconditional reveals that one love or thing cannot be good and another bad, nor are they right or wrong ...or loving/unloving, ...all things are good and benevolent ...and all choices of love are equal. "Love" that is not unconditional is not love, ...thus, you determine at all times what, for you, is love, ...and the greatest love of all is unconditional self-love, a loving without judgments, ...can you actively and intimately love others and all things as you love yourself?

Can you care in unconditional love?

...or does caring create conditions that destroy unconditional love?

Falling in love is an example of trying "to get" from another ...or from life. Normally, the first time was tremendous, the second time was great ...but not as exciting as the first time, and every time after that was a lesser and lesser experience ...until falling in love ...or continuing in love frequently becomes disappointing, sometimes even an unloving experience.

Now, consider putting love into your life such that, at first, though there is a lot of fumbling, ...and I don't mean groping to get love-feelings, but you are fumbling at "being love" and living the truth of yourself into every minute of your life; ...and each time after that, putting your loving self into every situation becomes easier and finer.

Choose to see and experience love  
Through different eyes and different languaged-thoughts!