

Article 309: Who Are You? -part 5

When relating your experiences to others, you will frequently find yourself awakening them to similar experiences in their lives in the past ...and, at the same time, recalling other experiences you have had. Either one of you may recall such experiences ...and possibly even realize that in the intervening months or years the event had not come to mind, yet here it is, clear and full, in your memory and conversation today, ...and you may realize that this was an extremely profound and meaningful experience that would have otherwise been lost. Even if you do not awaken to such events, you enliven them within you ...and that's important! ...for though you probably were not bothered all that time by something you had forgotten, it is likely that you have lived with a sense of lack or incompleteness ...or with a general feeling that there is much more to life than you realize ...and that it's all right in front of you to grasp onto.

You obviously do not lose or forget the memory of knowledge and previous experiences, you merely deny yourself access to what you already know, ...and, on a grander scale of life, your language-denials keep you from seeing, acknowledging, and living your greater allmind self and awareness; ...this is not because *you don't know* ...and must "grow, develop, and learn your lessons", it is all because you have denied yourself, ...and we want you to break through that wall of denial which was created one language thought and word at a time.

In the beginning was the word,
and the word was with you,
and the word was you!

Obviously, in the past, an all-knowing allmindself in an allmind-universe is so completely at odds with your languaged-self and world that you felt that one had to be forsaken, ...unfortunately, you sacrificed yourself to language ...and have been struggling against a languaged-self•life•universe ever since. Discovering this sacrifice may disturb you ...and reinforce your denials and hiding, or it may awaken and enliven you ...and spur you on; ...at this point, which reaction you will follow is difficult to predict, but the answer will be "self-selected" as you record and expand ...or continue denying your universal allmind feelings and experiences, and then continue again and again ...or return to your self and life pretty much "as usual".

Remember, you may deny experiences or forbid yourself access to them ...but you do not forget, delete, or erase them from memory, so even the memories of our words and the recall of your allmind feelings

experiences will stay with you, ...but you don't really believe that, do you? ...because you believe you've forgotten many things in life, don't you? Through language, you are selectively deceiving and concealing yourself, the very self you are also constantly struggling to discover, awaken, live, confirm, and expand, ...does it make any sense to continue in these ways? If you have a "greater and grander" self, live that! ...and stop trying to reduce that to your waking self, ...and if you do not have a greater and grander self, what are you seeking to discover, learn about, confirm, and develop? Are you willing to jump right into *all that you are*? ...or will you continue denying yourself? The choice is yours! Remember, your life and experiences *always and only* confirm you as you mind yourself to be, ...and your dichotomylanguage-minding is your strongest opponent constantly working against the self and life you truly desire.

If you have difficulty changing your conscious beliefs, such as "life must be greater and grander than I think it is," ...why not forsake them and acknowledge your "true" subconscious awarenesses (noncemand) of "a greatly-expanded allmind self and life filled with self-chosen meaning and purpose" ...and live that directly?

Life is as simple and as grand as that!

We are not suggesting that you change your limited beliefs and live a spiritually guided life, we are asking you to begin sensing your self and life more-clearly and fully ...and actively perceiving events and feelings which have been occurring in your body and life all along ...but which you have consistently denied from awareness, ...and though at first it may seem that you are merely imagining these "unusual" events and feelings, as you record them ...and bring them alive, you will discover the allmind self and life you have been living all along.

Later, instead of merely recording these "unusual" feelings and experiences, you are to seek them directly ...and create them directly in your body and life, ...but, to do this, you must live your noncemand (subconscious) directly ...and live yourself far beyond "ordinary" languaged-beliefs and experiences. You can use your Promisecards to help expand your self and awareness through language to a place far beyond language, ...but remember, your life is for you ...and is to be lived for you ...not for others, ...therefore, as you live beyond a languaged-life, though other individuals, living their languaged-life as usual, see•feel•experience few differences in you, you will certainly encounter and know *the new-you that was there all along*.

You have limited yourself almost beyond belief, but the deeper and more-profoundly you understand allmind ...and yourmind in particular, the more-expansive you and your life will become ...well, actually, that is not true, for the expansiveness you seek, you already are, but your language and denials stand in the way of your understanding yourself. Are you willing to follow the pathway of noncemand insights? This is not intuition or imagination, special creativity, or revelation brought into your waking life, nor is it transcending your physical self and matters, it is noncemanding your ordinary promiseself in extraordinary ways. Many life challenges will still remain, but your attitudes and understandings ...and resolutions will take on a whole new life and meaning ...and your view of yourself and all of life will change dramatically when released from the deadly grip of language, ...and your problems will be non-issues.

[Learn to be actively patient!](#)