

## **Article 32: The Purpose Of Life**

Since time immemorial, people have asked, "What is the purpose of life? What does all of this mean? Is there a reason for life? ...a goal for all of life?" And through the ages, many teachers have suggested that physical life offers lessons and trials and burdens which prepare you for an everlasting spiritual self and life of joy and blessedness ...if you learn and faithfully endure, ...and offers an everlasting life of torment and sorrow if you are not steadfast and devoted.

Do you believe that you are evolving in an ever-evolving universe? Evolving to what? Are you seeking nirvana? Why? Are you searching for enlightenment? To be and do what? Many religious scholars and preachers insist that "the purpose of life is to become one with God, ...a union that was forsaken in the past when Adam and Eve disobeyed God and created sin in the universe"; ...while many intellectuals insist that such queries, which cannot be answered with any degree and certainly, are completely meaningless.

Without judgments or preconceived beliefs to defend, justify, or support, we have observed that you are alive in an ever-changing universe that adapts to your words and actions, changes completely to accommodate your thoughts and attitudes and emotions, and reconstructs itself every moment to follow and fulfill your belief ...and the beliefs of others. Have you been so involved in yourself, and in your beliefs and judgments, that you missed how wonderfully the universe follows and displays and fulfills your true desires?

Life's purpose is obviously inextricably bound to you ...and the meaning and purpose you declare and live. For instance, if you genuinely believe that life offers burdens and tests for you to carry and struggle with, your life will be filled with encumbrances, hardships, and weighty problems and struggles. And if you choose--with every belief/thought/attitude /emotion/word/action--to live life as a goal to achieve or attain to, such as to gain happiness or enlightenment or the end of your desires, then life offers you a pathway for struggling toward these far-off goals ...and you will judge everything that seems to lead you toward these goals as "good" and everything else as "bad or evil". And these judgments alone will keep you from being and living happily and enlightened as you desire.

By declaring your own meaning and purpose with every belief, thought, attitude, emotion, word, and action, you enlarge and perfect life as you desire, ...which indicates that, for you, life's meaning and purpose is to expand creation so you can live the self and life you desire, ...for life has never denied your right to believe as you desire, think what you please, live in the environment of attitudes you create, or suffer with or enjoy your

emotions. And though you might often be speechless or doubtful about what action to follow, life did not forbid or withhold these from you, ...in fact, life expanded to fully support your speechlessness and doubts.

If you are waiting for life to reveal itself to you, or waiting for life to disclose its personal meaning and purpose, ...and its meaning and purpose for you, remember the ancient Chinese proverb that declares that if you stand with your mouth wide open waiting for a roasted duck to fly in, you will wait a long time. Stop hoping that a desirable meaning and purpose will fly into your open mouth, ...declare yourself loudly and fully.

**Life's purpose is to expand ...so you may  
live the meaning and purpose you desire.**