

Article 343: Open, Honest, Intimate Relationships –part 2

Is it possible that you are concerned about things far-more than you let on to your partner or friends? ...or even to yourself? What might these concerns be which prevent you from always being open, honest, and intimate? Have you ever asked, “How can I possibly be in a committed relationship or life and not surrender my freedom? ...and free will? Now are you beginning to understand your struggles in life and in an intimate relationship? Relative to an intimate partner and relationship ...and to your self and life, are you willing to commit intimately and fully to yourself as you truly desire?

Humility is being modest ...not pretentious! When judging, no matter the “cause” or reason, your conclusion claims that you have the *right* to judge ...and makes the pretentious claim that *you* can determine “right from wrong” for another. Actually, with every judgment, you are making an extravagant outer show ...and even if you hold your judgments in, they will show in your body and life, ...besides, most people would rather be ruined by praise ...and your acknowledging than be saved by criticism.

Neither you nor your partner, nor other people for that matter, has a human self and an unacknowledged trueself, nor is there a human relationship of physical love ...and a spiritual relationship of profound love and intimacy, they are wholly one within you ...and all around you, ...the only problem is that your duality language of separation and judgments prevents your living the greatness you sense; ...which will you now choose: continuing your languaging ...or living your greatnessing?

In one form or another, it is frequently declared that real love is caring about others, not self! ...maybe even at the expense of self, ...yet, at the same time, you are told that you cannot love another *until you love yourself*. You cannot resolve this dilemma in any relationship, for until you discover the beliefs and language for living and loving as you truly desire ...and fully express them, you will only continue the mistaken beliefs and ways from the past which have been passed down from generation to generation without any serious consideration of their correctness and desirability.

Actually, except for technological advances, you are living the same self-forsaking, self-destructive life your ancient ancestors lived, ...are you willing to break this chain of false beliefs and actions? ...of life-defeating judgments wrapped up as wisdom? ...and demands and obligations packaged as gifts?

Ordinary relationships come into existence over a period of time ...usually through a trial and error process of actions and seeming feedbacks in which each person acts within and upon the relationship and the other person ...and in turn is acted upon and influenced by them. As this process continues, it determines what is permitted and what is not acceptable ...until

the relationship becomes a system or process held together by rules, declared and concealed, peculiar to each partner and the relationship, ...therefore, to change your relationship, you must change the rules; however, every relationship is held together by too seemingly contradictory desires: the desire to change and grow, and the desire to remain fixed and reliable ...as in comfortable and familiar.

The same is true of an ordinary self and life!

If you want to resolve this with your partner and relationship ...or within your self and life, you must declare a more-desirable identity ...and set of guidelines to live which will free you from your original rules of life, ...but you don't want to change the rules you live and relationship by, ...do you?

Does your present life and relationship offer you true praise and wisdom? ...and enriching fulfillment?

Success in your present life and relationship would not, necessarily, indicate that you or your partner is open, honest, or intimate ...or that your life or intimate-relationship is fulfilling and enriching, for you can succeed ...and even be happy, yet not be living as you truly desire; ...you can even realize this, take full responsibility and learn new ways, understand more-profoundly, innovate, and begin succeeding again ...and still not be living as you truly desire. Living openly, honestly, and intimate as you truly desire takes many forms ...which are not necessarily those you are either familiar with or accustomed to seeing and living ...or being-attracted to.

An open self or partner *may* speak clearly and plainly about matters ...or even be complaining, or seem to be criticizing and blaming, but to an open•honest•intimate self and partner, none of this is undesirable. Open individuals do not come as “goody two-shoes” or, necessarily, “piling success on top of success”: ...there may even be a seeming “lack of success”, but whatever the form, there are no failures in an open•honest•intimate individual's life, ...and certainly not in his or her thoughts, words, emotions, or actions ...or intimate-relationship.

Are your expectations for life and an intimate-relationship realistic? Do you really want to share your self and life with anyone? ...or do you just want convenience and companionship? Are you willing to be intimately involved with anyone? ...including yourself? Are you involved with your self and life as you truly desire? Do you actually like and respect yourself and your partner? ...and the life and relationship you are living?

While you have probably asked yourself *why* you want a particular life ...or an intimate relationship ...and wondered what you will get out of it, have you ever asked what you are willing to put into your life and intimate-relationship? Have you ever thought or said something like this, “I always

knew I wanted to be someone unusual in life or in a relationship, ...I guess I should have been more specific”?

Now is a moment of new-beginnings, for in asking questions about your life and relationship or seeking answers from your present partner, or about a future companion, you are insightfully seeking yourself. For that reason, the next Article in this series ...and maybe the next will be filled with insightful questions you probably haven't considered before.

[Let go of your need for others to live up to your ideals.](#)