

Article 379: Living Your Dreams?

This Article comes from my introduction to a Gathering of Dreams several months ago.

In previous introductions, I had discussed the process of understanding dreams in great detail ...in the belief that *since dreams reveal how you are living your life regardless of how you believe you are living* ...people would be quick to see the advantage of having these understandings ...and begin applying them immediately, but half-way through this presentation, I was reminded that, in forty years, through many individuals truly understood their dreams, few of them applied their understandings on a daily basis ...or even for making life-changing decisions. Being aware of your dreams is not to *interpret* them ...but *to understand the awareness and guidance being offered*.

For example, a few years back, in the course of a dream group, three women dreamed of getting divorced; one woman dreamed of breaking up her relationship; and another woman who was leaving on vacation and expected to move in with a new partner on her return, dreamed that these hopes and desires would not happen. Well, as you might have guessed, by August of that year, four participants dropped out of the group due to divorces and relationships that did not continue. Of course, earlier in the summer when these dreams were reviewed in the group, each one of these ladies got angry ...and denied that their marriages and relationships were in jeopardy ...but they were! ...and even after being warned, they continued living “as usual” ...without changing, until everyone separated.

Not one of these women took the guidance offered in their dreams to change how they were living their relationship ...and each one declared that the break up was “out of the blue”, ...in fact, one woman was so outraged that she challenged me to show that she knew her divorce was coming. Now, remember, this was in August so I reviewed her dreams for the preceding six months ...and showed that she had been dreaming divorce since early April ...before her husband had an affair and demanded the divorce.

Could she have changed her relationship? ...probably not! ...but she could have prepared herself and planned for her children so matters would not have been quite so “messy” and emotionally devastating.

Several years later, we organized another group ...and the woman whose relationship ended was now “happily married” to a man who fully supports me” (her words) ...and she had forgiven me for being so blunt before, so she attended the new gathering of dreamers, ...and when we reviewed her dream the first night, my very first question was, “When was the last time you considered suicide?”

Well, that question didn't go over too well, she got angry and declared how happy she was with her new husband, so of course, everyone else in the group was startled ...and quite upset at me, ...and though I tried to show how suicide was outpictured in the dream, it wasn't until later that this woman admitted she hadn't considered suicide for "over two weeks".

I'd like to believe that by understanding her dream ...she will no longer consider suicide as an option for resolving her personal problems ...and will reflect upon the life and marriage she is struggling against.

If you are willing to pay attention to your dreams, the question to ask is, "Where do my dreams come from?" If they are from your "subconscious", then they are within you ...and you are aware of these matters, ...why did you deny these understandings to your subconscious? ...and if dreams come from a higherself, trueself, guardian, or cosmic-wisdom as guidance, ...why not live this guidance directly instead of applying it to your lesser languaged-self and life?

Actually, a glorious life is not about where your dreams will take you, it's about where you will take your dreams, ...will you take your dreams to the heights? ...and go with them? ...after all, you fly in your dreams all the the time, yet in life you bounce around like a gooney bird (that's an albatross, a common bird in the islands of the pacific) which runs and flaps ...and barely gets off the ground, ...does that sound anything like your life?

In your dreams you can be both here and there at the same time ...or move from here to there without traversing the intervening space, ...would you like to live your present self and life and your greatest and finest self and life at the same time? ...or would you like to move from your present self and life to your greatest and finest self and life without struggling to learn, grow, and develop to expand your self and life ...and intimate-relationship?

Unfortunately, you don't believe and live your dreams, you struggle with a languaged-self and life which declares that you cannot be both here and there *at the same time*, ...and which declares that you cannot move from where you are to where you want to be without (essentially) struggling to get there; ...live your dreams to where you want to be ...or at the very least **get out of your own way!**

Are you willing to stop dreaming in a "real life" ...and begin living real in a "dream life"?

Which is greater ...knowing or believing? In language, knowing is greater than believing, ...however, now consider this question: *which is greater, knowing your dreams ...or believing your dreams?* ...so, would you rather be and live what your dreams reveal about you and your life ...or would you rather show your dreams what they can be?

If you could be a dream ...and live that dream, what would that look like? Are you willing to dream your dream ...and write that story? Begin your story below.

...or maybe you have to fact that you don't have a dream for your life to follow!

