

Article 5: Living What You truly Desire

Previously, we indicated that “the changeless first principle that all things in life are caused” is in error, for **no thing in life is caused ...or has ever been caused.**

So, you might ask, if nothing is caused, ...how do things exist or happen? ...for certainly they cannot just occur from nothing, ...can they?

Actually, all things do arise ex nihilo—from nothing—just as the universe had to originally arise from nothing. And like the universe, all things today are completely uncaused. **All things are emergent.** Now, emergent—never to be confused with emerging—means: Those things that occur in the whole but do not exist in the parts. For instance, the properties of water, such as cohesion, wetness, reflection, and refraction, exist in water, but are not present in the atoms of hydrogen and oxygen. And just as water is emergent from combining these constituent atoms, all of these properties also occur ex nihilo—from nothing—simply because these properties do not exist in the constituents of hydrogen and oxygen; ...and nothing “caused” water or the properties.

Now, continuing from the previous article, **Life’s Emergent Miracles**, Aristotle did get one thing correct when he declared that anything that “causes” can certainly withhold its causing. By combining the constituent atoms of hydrogen and oxygen, water and these properties appear; no chant, ritual, ceremony, or sacrifice is necessary; ...and water and these properties are never denied or withheld, they **always** appear as uncaused miracles.

Just as, twenty-three hundred years ago, Aristotle mistakenly taught that all necessary elements are the causes of things, science and medicine today base much of their investigations, beliefs, and teachings upon the principle that if something ALWAYS precedes an event, it is reasonable to assume that thing causes the event. For example, if you have viral pneumonia, our tests will ALWAYS reveal that virus within you, for it is an essential element of viral pneumonia; but to assume that the virus “causes” the pneumonia is in error, for many people carry the virus, but do not have pneumonia, so other factors are involved. The virus is “a constituent” of viral pneumonia, and always occurs, but does not cause the pneumonia, ...just as hydrogen and oxygen are always present but do not cause water. And as the pneumonia cannot exist without the virus, and killing the virus ends the pneumonia, or removing oxygen or hydrogen atoms destroys water, this does NOT reveal that these necessary constituents “cause” viral pneumonia or water.

Why should you care about these examples of water and viral pneumonia? Because your entire life is based upon a futile struggle with and against many undesirable beliefs, thoughts, attitudes, emotions, words, and actions attempting to cause what you “want”, ...but, with your life and energy so focused upon these undesirable aspects or constituents, you gain more of what you do not want, than what you do want.

Since all things in life arise as “uncaused miracles” from their constituents, it is wise to always choose and live exactly and only as you truly desire, not according to what you hope to cause, ...for living your desires gives you your desires, while struggling to cause what you desire only presents struggles and unwellness.

To be continued with **Life’s Goals**.