

## Article 82: Life Is A Feedback Process!

All teachings which seem to be directing you to an everlasting life of enlightened joy ...and which are based on denying your desires, sacrificing self, being faithful, living god's commandments, overcoming sins, prevailing over temptations, learning lessons, transcending the physical, knowing truth, understanding and living the "real" universe, being loving, "stilling" yourself, following the "right" path, or awakening to "God consciousness" are all based on judgments ...and, like the liar's paradox, will only lead you in ever-narrowing and confining circles. Be wiser than to continue these struggles and disappointments. Most people are searching for the rule or principle which will lessen or end their doubts, confusion, burdens, and suffering ...which only their judgments created. Suffering and burdens are not of the universe, you create them; ...and do you really believe that doubt and confusion exist in the universe? Or could it be that you have judged these things *into your universe* ...and now blame the universe for your suffering? Is this the self and life you want to continue?

*Whatever your true desires are, follow them.*

*Always be true to yourself.*

All change is expansion, for you never substitute one thing or way of life for another by changing, you add new choices and opportunities ...and new ways of living and expressing which you may live; therefore, if you are willing to expand your self and life ...and end your present struggles, we will continue.

*Bring order out of chaos.*

Years ago, when Einstein was lecturing to a group of physicists about his theory of relativity, he declared that, while Newton's view of a steady universe following constant laws and truths worked well for hundreds of years, this concept was, in fact, "wrong". And when Einstein advised the scientists to reconsider all of their beliefs, assumptions, knowings, and certainties, they responded that it's impossible to know anything in a universe that is everywhere relative, following different laws for each observer, and constantly changing, because, to know anything, they have at least one steady or fixed point around which, or relative to which, everything could be known. "In your world, " they declared to Einstein, "everything is relative and different, and nothing is fixed, ...so nothing can be known." In response, Einstein told the scientists to choose **any desirable point** in the universe ...and know everything relative to that point. He said they could then relate to and know each scientist's discoveries and field of expertise merely by understanding the relationship between the various established points of reference.

*Make life understandable.*

For you, one thing exists in every belief, thought, attitude, emotion, behavior, experience, circumstance, event, and situation in your life, ...and that one thing is **you**. You are the established point within everything in your inner/outer world, ...but, unfortunately, by not knowing yourself, by not declaring yourself, you cannot really know or understand anything in your life, ...for, remember, you only know things as you are, not as they are. Ohh, certainly, you'll defend yourself, and your decisions and actions, by pointing to all that you "know" and everything in your life that "works", ...but, that's like Newton's universe that seemed to work well for centuries ...though it was completely wrong, ...for the universe is too vast and variable to be limited by Newton's narrow laws, ...and so are you.

*You do everything in your life  
relative to yourself ...and for yourself.*

And though this may seem hard to believe, it is true: You have always done and can only do everything in life relative to yourself, ...for yourself; ...therefore, knowing yourself, and knowing how you have chosen to live and express yourself is vital for an understandable self and life. But your judgments are obstructions in your heart which make it impossible for you to sense and understand the goodness and benevolence of all things ...and fully take part in them, ...or to know your true attitudes, emotions, and feelings about the self and life you are living ...and constantly struggling against.

*Remain true to yourself  
...and begin a new awareness.*

Einstein's theories revealed that all "things" in the universe are relative to each other ...and science showed that, while the form of things can change, such as matter into energy or energy into matter, nothing can actually be created or destroyed; "added or taken away". If things or parts or individualities in the universe were actually separate, then it would be possible to destroy something or take it away from all other things; however, since things can only change form and never be destroyed, this reveals the interactive oneness of all things; ...and those who declare that God—the universe-divided itself into separate things do not understand.

*You need a solid basis  
from which to know yourself.*

You never know things and individuals as they are, you only know them as you are ...or as you believe yourself to be, ...and you have used that self-chosen image of yourself, as Einstein suggested, as the "fixed point" around which to know yourself and all things and individuals in the universe ...and to guide the beliefs, thoughts, attitudes, emotions, words,

and actions which emergently expand and express your self and life as you have chosen.

*Remain true to yourself and to your feelings.*

Since you do and know all things only relative to yourself, and since your lifeseif is not about what you accomplish ...but how you feel about what you do and achieve, if we can move you beyond your judgments to know the attitudes, emotions, and feelings you are living ...and those you are willing to live forever, we can guide you to the forever-emergentlifeseif you truly desire, ...for life is a living feedback organism called God which is, in oneness, completely interactive between and within the distinctive aspects of itself to create and express an individuality ...or uniqueness **without** separation. And though it is believed that interaction requires separation so one thing can act upon another, this is not true: interaction requires oneness, ...for you cannot interact with something or someone you are separate from, ...in fact, your interactions demonstrate your oneness.

*Each replay of undesirable emotions  
keeps your judgments active  
and your hurts raw and unhealed.*

Feedback is defined as the return of all or a portion of the input of any process or system as output, ...as such, your physical body and life clearly outpicture/create your spiritual being and nature; your attitudes, emotions, and feelings reveal/create your judgmental mind; and you have in life as you give. Unless you use this information to be and live as you truly desire, your illnesses/situations/relationships/burdens/conditions will continue again and again, ...as will your attitudes, emotions, and feelings about these things. And since feedback in a broad sense is any information about the result of a process, ...from your physical self and life, what do you know about the forever-emergentlifeseif and feelings you are creating? Are they as you truly desire? ...as you are willing to possess and live forever? Are your attitudes, emotions, and feelings illuminating your way? ...or are you afraid to look? To gain knowledge of your lifeseif, stop living in the darkness of judgments.

*Be yourself with confidence.*

Attitudes, emotions, and feelings do not just happen to you or overcome you , ...you create and live them with every judgment. As part of life's feedback process, your attitudes, emotions, and feelings clearly and simultaneously outpicture your judgments, ...have you been paying attention? Do you understand the underlying guidance being offered? Or, instead of following the feedback-guidance being offered, will you continue

judging individuals, events, and things in your life, ...and continue struggling to deny, justify, negate, and overcome your judgments? Accept the accuracy and wisdom of this self-created feedback-guidance and reconsider the beliefs that support your judgments ...which outpicture as attitudes, emotions, and feelings, for you alone create your emptiness, aloneness, and burdensome judgmental self and life.

*Break out of your self-created  
box of attitudes, emotions, and feelings.*