

Article 401: Outside the Box -part 18

Cause and effect does not exist in the sequencing universe.

Some time ago, I received the following e-mail:

I need some help with something relative to cause and effect.

As I told you before I had myself tested for food sensitivities and found I reacted to peanuts, cow dairy, and potatoes. Since I removed those items from my diet my bowels function in such a way as to produce a solid and comfortable stool. I avoid deep fry or Chinese wok cooking because peanut oil is often used in that kind of cooking. Occasionally I let some peanuts into my diet or enough dairy to create a difficulty. The peanut thing is quite predictable and I turn as loose as a goose in short order. If it takes a couple of days to settle down my poor ass hole can get quite raw and painful. I'm in one of those painful periods right now.

Since cause and effect is not a feature of the Universe how do I explain peanuts and diarrhea, which apparently go together in my life right now? And, how do I explain the return to solid stool when peanuts are removed from my diet?

If we are going to discuss cause and effect, there are three primary questions that must be considered, ...the first question is *does cause and effect actually exist?* ...and if it does not seem to exist, then *why was cause and effect made part of the language?* ...then the third question is *if cause and effect does not exist, why do you continue thinking, speaking, and living cause and effect?*

Cause and effect does not exist in the universe! ...what you see and declare to be cause and effect is actually *sequencing* ...and all physical or "spiritual" laws of the universe which declare "if this happens, that occurs" show sequencing ...not cause and effect.

In speaking of sequencing, I do not mean a sequence or pattern of cause and effect events, for sequencing is a reliable and natural order of one thing following another, ...thus you can depend upon sequencing ...which is the active environment or motion of the universe in which you live, in which all things are in harmony ...and are always in accord with you and pleasingly interact with you, actively provide "overtones" or emergent otherthings, and are far more in harmony with you than you believe possible, such that every event constantly offers you "greater-wholes" ...or more than you ask for.

Consider deeply the sympathetic, in-sync relationship sequencing offers you ...in which both you and all of life are reliable and fully knowable, both aspects of which are denied you or withheld from you through thinking and languaging cause and effect. Through sequencing, you can realize everything you truly desire simply by sequencing the pattern that is you as you have declared and truly desire, such that all things and events sequence to you at every moment according to your sequential pattern, ...in other words, you do

not have to discover the sequential pattern of other things, you merely follow your own natural sequential pattern as you have declared ...and all things and events will sequence to you in that way.

Now, let's return to the original e-mail. If you are struggling to rid yourself of an attitude or emotion of, say, grief or anger or resentment ...or other matters, you put this struggle into the pattern of self and life you are living ...such that, as you continue and intensify this struggle it sequences events in your body and life which accurately outpicture this conflict within you. Ohh, of course, you now believe that after that immediate struggle has passed the event sequenced in your body would also pass, ...right? Though this might "normally" be true, if you have continued and intensified this conflict strongly in the pattern of your cause and effect self and life ...and conditioned your immune-system to react, in this instance, to peanuts as enemies, then you have definitely added peanut-diarrhea to the sequential pattern of your body and life, ...and, unfortunately, given peanuts a bad rap ...because they did not cause diarrhea, your pattern and immune system sequenced diarrhea ...such that any peanut continues this pattern ...and removing peanuts ends this sequence, ...but remember, since what you sequence in one area of your body and life you sequence in every area, many other things and matters will now sequence an emotional outburst.

See how simple and reliable sequencing is in your body and life? You can either thrive in sequencing ...or strive in a cause and effect languaged self and life!

Do you sense the harmony in this between you and all of life? ...then consider the disharmony in cause and effect which is arbitrary depending upon the causer. If you caused peanuts to cause diarrhea, why did you do that? ...actually, I am more-interested in how you did that? Of course, if you didn't cause peanuts to cause diarrhea, then peanuts victimized you ...didn't they? Aren't you the least bit interested in how and why peanuts victimized you so? Is there a peanut-God somewhere working against you?

Ever should cause and effect be fundamental in the universe, or even exist in the universe, everything in the environment in which you live ...and even life itself would be subject to the arbitrary judgments and actions of a causer, for that which causes can also withhold causing, ...therefore, why do peanuts cause diarrhea for you and withhold diarrhea for me? Maybe all of this accounts for why ancient people had so many Gods: a God to cause rain ...and another to cause sunshine; a God to cause war ...and another to cause peace; a God to protect sailors and cause what they want ...and others to benefit merchants; and many, many other causing-Gods.

Cause and effect makes life overwhelming and unreliable ...and you could never have or create what you want or always live as you truly desire without first discovering how to judge properly and "cause" what you desire

...or protect yourself against, for example, peanuts causing what you do not desire. Doesn't that sound a lot like the self and life you are living and struggling against? ...but how can you possibly know how to judge properly and cause what you truly desire until you first judge and cause what you desire? ...which means that while cause and effect seems consistent, it is an endless trial and error process ...and cannot be relied upon in the very next moment ...simply because, unknown to you, the environment or conditions may have changed, such that what seemed to have caused before won't cause today.

In addition, you'd better cause yourself to be protected against those intelligent cause and effect peanuts, ...do you really believe peanuts are smarter than you?

Have you ever taken an aspirin to cause relief of pain ...only to discover the next day that the aspirin doesn't relieve the pain? ...so you try more aspirins ...or take Alieve or Advil! ...that's the trial and error of cause and effect, ...and by living cause and effect, your life is also a trial and error experience ...along with being arbitrary and judgmental ...and a constant struggle to cause what you truly desire ...and cause the protection you feel you need to guard against arbitrary cause and effect occurrences.

And isn't that exactly how life appears to you? ...that's because you are languaging and living yourself ...and all of life through cause and effect, such that while the harmony and things you desire and struggle for are there, they are so deeply overlaid with the emptiness of cause and effect languaging that you cannot even see them, ...and "teachers" foolishly advise you to cause and effect harmony in your body and life by getting in harmony with a cause and effect life and universe, ...however, by naturally sequencing yourself as you truly desire the universe will follow your lead and naturally sequence to you.

Do you still believe peanuts are smarter than you?