

Article 186 Some Things About Some Things – Part 1

The only thing you can know about things of the universe, whether seen or unseen, is what you believe and think about them, for they have, for you, no independent existence, ...and in knowing these things, you only know yourself ...and your enlivened manifestations.

A spiritual seeker went to a Master to seek knowledge of his trueself, ...whereupon, the Master declared quite seriously that all he need know is that as an entity he does not exist.

“But,” the seeker sputtered anxiously, “that doesn’t make any sense, for no one believes or has ever believed he doesn’t exist. Whether I think I do or do not exist, this thought *proves* that I exist.”

“And when the thinking process ceases, doesn’t that prove you do not exist?” the Master asked.

“Is thinking only a physical function?” the seeker asked in return. And with those words, the seeker realized his trueself as the Master in his own life.

1. Obviously, all you have is all you need ...and you could probably do without a great deal of that, yet you want even more ...and there is nothing “wrong” in wanting more, the real problem comes from your believing you need more, ...but none of this says you must or should strive for more ...or be content with what you have, ...just be certain you understand the difference between what you want ...and what you need. Do you really need what you want?
2. Have you failed to recognize the interesting life you are living? Look again! ...and be more insightful this time.
3. Life is a wondrous feedback system, but it never says that you are “right on and living right” or “mistaken and living incorrectly”. Life exactly, clearly, and fully outpictures the self and life you are creating and living ...and leaves the judgment, if you must judge, up to you. Life never judges you! Have you judged yourself ...and disowned yourself?
4. Just because ...with other choices your life would be different today, that certainly doesn’t mean it would be better ...or that you would be happier.
5. Your true soulmates are the choices you are making with every belief, thought, attitude, emotion, word, and action, ...are they also your faithful and loving helpmates? ...or your greatest adversaries?
6. Through the duality structure of language, you create your own burdens, limitations, problems, illnesses, and difficulties, ...then, through

that same mistaken language, your try to think and believe your way free of your self-created shackles of burdens, limitations, problems, difficulties, and illbeing, ...does that make any sense?

7. Your struggling search for freedom is the only thing that binds and limits you.
8. If you truly realize that you ARE your body, instead of wearing it like a cloak ...and wearing it out, you probably wouldn't be so hard on your body, ...but then, all the world constantly tell you that your body is a temporary, meaningless form ...and that you are much more or other than that. **Don't you believe it!** ...for you ARE that form ...and it is you, so wear it proudly. You can't send your body to the dry cleaners for cleaning and pressing.
9. Are the beliefs and assets within you dependable ...so you can draw upon them with confidence and assurance? If so, draw upon them and unburden yourself; if not, unburden yourself of what is not dependable and move on; ...or do you continue them expecting unreliable resources to change and become dependable? If so, can you truly rely upon such changeable resources?
10. The universe exist and acts beyond intent, ...without intent or purpose ...so you can exist and act as you truly desire.
11. During wartime, both sides of a conflict call upon God for protection, deliverance, and victory; ...in this situation, only a non-judgmental God can serve both sides equally, ...while an intentional God would have to support the side that most clearly reflected righteous motives and purposes ...and forsake the other side. If your concept of God opposes something else, you can be certain that your God is "not good", for good never opposes.
12. Most personal relationships are founded on varying amounts of addictive and dependent beliefs and ways.
13. Your personal relationships are only as healthy, happy, and emotionally fulfilling as you are, ...therefore, if you are unhappy with your relationship, you are equally, and in the same ways, unhappy with yourself; ...fortunately, you can divorce the self you are and live the self you truly desire. You are your closest soulmate.

14. A wise man once pointed out that we all live as though death were the greatest of all tragedies, ...but who knows, maybe it is the finest of all blessings.
15. What is frequently referred to as “heart” or “your spiritual mind” is in fact your rational mind functioning without judgments ...or not being restrained, limited, or deluded by judgments. This is love.
16. You’ve probably never had a neardeath experience ...but managed to get through many nearlife experiences and lived to tell the tale ...and relive the nearlife experience again and again. Is survival enough for you? And if a neardeath experience would be enough to dramatically and passionately change your self and life to greater meaning and purpose, why not follow a nearlife experience in the same way?
17. As light does not need to know darkness or itself in order to be light, existence can exist and be known without non-existence.
18. At a gathering of students, when a Zen Master asked a young man to describe the enlightenment he was seeking, the student replied, “There is nothing to say about enlightenment, Master. There is nothing to know or explain ...and certainly nothing to show others.”

The Master then posed the same question to another student who, in response, sat absolutely still and remained silent ...as though he had not heard the Master’s question ...while the other students fidgeted nervously. After a long moment of silence and non-movement, the Master said quietly, almost reverently, “He has spoken well, ...for inexpressible enlightenment is reached only by following the path of silence and stillness ...and non-explaining ...accompanied by non-doing and non-showing.”

Is this the enlightenment you are seeking? ...the enlightenment of no discernment and no expression? This enlightenment is death!

To be continued in Article 187.