

## Article 191: Transcend Transcendence

Transcendence is reaching a state or existence above and independent of the world and painful physical experiences ...both of which are judged to be limiting and undesirable. Like most people, you probably consider transcendence to be a “spiritual” concern ...not a mundane occurrence, yet, all healing is an attempt to transcend your pain and illness, all growth and development is your way of transcending personal ignorance and inability, all acquiring is aimed at transcending lack or insufficiency, and all “positive” feelings and actions are your efforts to transcend what you judge to be “negative”. If you want to rise above and go beyond your present, self-imposed limited self and sense-experiences ...and your judgments, stop waiting for someone or something to carry you above and beyond, end your judgments today ...and carry yourself above and beyond, ...but you’re afraid to do that, aren’t you? ...for you do not know what might lie above and beyond your judgments ...and you are fearful of that, aren’t you? It seems that you are fearful of continuing your judgments and sense experiences ...and afraid not to. Which will you choose ...the discomfort and fear of your judgments ...or your assumed fear, discomfort, and vulnerability of living without them? Obviously, you want to transcend your self and life of judgments, so why don’t you set your judgments down and walk away? ...for that is true transcendence, ...nothing else is real.

You can go far beyond ordinary limits ...and excel in extraordinary ways not available to a judgment-bound mind. While this may seem incomprehensible and fantastic, it is an ordinary offering of an extraordinary universe. Only higher beings are willing to transcend their lower impulse to judge ...are you one of those beings? ...or will you continue your lower self and life “as usual”? Only your judgments withhold you. There are two great mistakes which seem to hold you ...and keep you from transcending your judgments at this very moment, ...the first is the belief that it is nearly impossible for you to control or overcome this normal and natural aspect of life, ...the second is that, after all, it doesn’t matter very much whether or not you do. Both of these mistakes are so terribly wrong. There is no higher being who can act more fully and correctly than you can.

Ohh, to be sure, you have certainly modified many of your childish beliefs, ideas, and judgments, but you have also retained, even in maturity, an astonishingly large number of foolish beliefs and judgments ...and added many more, most of which are saved within your constant and dominating beliefs, thoughts, attitudes, emotions, words, and actions. You are not living yourself or as you truly desire, you are living your improper judgments, ...is this wise? Do you feel that you are not guilty of harboring improper judgments ...or that you can transcend them? ...that your judgments are real and valid? ...and a necessary and important aspect of

life? Do you feel that your instinct toward judgment is not really greater or more-harmful than that of others? ...and is necessary for protecting, continuing, and enhancing life? ...after all, the Bible is filled with God's judgments, ...isn't it? Are you staunch against any real attack that might endanger your judgments? Do you constantly feel the force of this seeming instinctive urge? ...or are you actually feeling and following your own urges? Urge yourself to transcend your own judgments and begin embodying an extraordinary self and life. When you feel in danger, you, like most people, increase and intensify your judgments and withhold understanding ...just when you need all of your ability to see clearly and decide wisely. It is time for you to free your mind from your artificial and perverted beliefs, attitudes, and emotions about judgments. Recognize that the instinct to judge is neither necessary nor holy ...and is, instead, a force or habit which results in great damage, ignorance, and human misery. But you still believe that judgments hold infinite possibilities for good if wisely directed, ...don't you? ...and you will continue your judgments and withhold your transcendence, ...won't you?

You believe that you get into problems while judging only when you deny its natural guidance from God, a higher self, or a transcendent being, ...don't you? And that alone will keep you judging ...and struggling against your own judgments. All of your judgments are your desires. You do not have to give into your urges to judge or deny them, for you can, from a clear perspective, see that judgments serve no purpose ...except to bind you ever so tightly to your problems, difficulties, and afflictions, ...therefore, if you want to transcend those undesirable aspects of your physical self and life, transcend your judgments.

Remember, problems and difficulties and afflictions are both physical and temporary ...and will be left behind at death. ...or after the transcendence you desire, ...but judgments, not being physical, will be carried with you and lived again and again after death or transcendence. Isn't it time to live and transcend by moving beyond your judgments? ...or will you continue forsaking the self and life you desire? ...the choice is yours.

*If you transcend the "evils" of this world,  
you will take your judgments with you  
and find "evil" in your transcendent world.*