

Article 203: Something About Some Things – part 2

15. The greatest hindrance to understanding your problems and ailments is an intense belief in problems and ailments ...and your constant struggle to overcome them; ...the question is, “why ever would you expect to resolve difficulties and illnesses you don’t even understand?”
16. Is it surprising to hear that beliefs and ideas which seem so profound and important to you are complete foolishness to others? Isn’t that sad? ...yet you probably think that their concepts are foolish. Obviously, each person is denouncing others’ beliefs without understanding them. Do you take your important and joyous beliefs for granted? ...or believe that, basically, others believe and experience things as you do? ...isn’t that foolish?
17. Do you use “fear of failure” to motivate you to succeed? If so, is anything you achieve in this way “a success”? ...or merely a temporary concealment and revelation of your underlying fear? ...and won’t such “successes” exacerbate your fears? Is success for “all the wrong reasons” really success? Maybe you use “fear of failure” to motivate you not to succeed ...or even to really try.
18. It is frequently declared that without “you” there are no painful experiences, yet those same individuals also declare that *you are an illusion*, ...do you understand what is occurring in this? To end your pains and problems, they would have you end yourself and your experiences, ...isn’t that a major solution to a minor difficulty? Actually, the experience is factual and your judgments are conceptual. It is vital that you maintain your experiencing self ...and end your judgments, ...isn’t that a wiser solution?
19. Can you really distinguish between *an experience* and *experiencing*? Is the world of judgments, the two seem separate and different, ...yet, just as you cannot think of yourself thinking ...or think of yourself not-thinking, or even reveal how you “create” a particular thought, this shows that thoughts and thinking are one, ...for, if they were separate and different, you could easily think of yourself thinking or not-thinking ...or explain how you create thought. In fact, you cannot describe how you create and express ideas, how you create a dream or inner-vision, how you smell a fragrance or sense warmth and cold, how you feel a breeze, or how you write a letter, simply because experience and experiencing, and expressions and expressing are one; ...in all

- things, you are experiencing yourself ...and, in that, you are the experience. Falsely separating yourself into experiencing the experience creates judgments and destroys understanding.
20. Can you really separate “heartstuff” from “headstuff” ...or feeling from thinking? Can you ever separate feeling from experiencing? ...separate the feeling from the thought or experience? ...or the feeling from yourself? If you believe your feelings are different than you, ...where does the feeling end and you begin? ...or an experience or thought end and you begin? Where does an experience or thought end and a feeling begin? Do not let the structure of language falsely separate what is one! Since all things are relative to all other things, and you can not determine where one thing leaves off and another begins, things cannot have a dual nature or be separate, all things or uniquenesses, though expressing differently, are one ...and actually the same.
 21. All judgment destroys truth by creating what seems to be a matching or complementing untruth.
 22. The universe has no nature or reality for you other than what you are, thus there is no perception, awareness, or experience other than self-perception, self-awarenesses, and experiencing yourself.
 23. Those who declare that our *society is naturally enriched but spiritually impoverished* do not understand that all things material are spiritual ...and, in this, they have locked material and spiritual into moral combat ...from which there can only be losers. Instead of setting material and spiritual in to opposition, see/understand/believe the fullness of, let’s call it, “spiritual materialism” ...aka, “material spiritualism”, for it has long been indicated that *faith without works is empty* or that *love without expressions is lost*. In this, in order to be meaningful, all things spiritual require physical?material forms or actions, ...and, no matter how well-interconnected they may be, any attempt to separate or destroy physical aspects simultaneously destroys its spiritual nature, meaningfulness, and all understanding.
 24. Do you live a material life ...and deny that? Are you living or trying to live a spiritual lifeseff through rejection of the material world? Why are you denying or rejecting so much of your self and life? Or do you live in limbo between a, so called, spiritual world ...and

- physical needs and desires? Any separation or division lessens you!
25. Is there consciousness without a self that is conscious? Does love exist without expressions of love? ...or could it be that love IS only loving-expressions? ...and consciousness IS self expressing consciously?
 26. Since your expressions interact with and seem to compete against things in your life ...and the creative actions of others, you need knowledge and talent ...and a vision to live the self and life you truly desire. Inner creativity, however, having nothing to compete against, requires no special awareness, abilities, or images ...for you can instantly and easily create whatever you desire in imagination, but is there any real satisfaction, fulfillment, or happiness in that? ...or does it leave you empty? Maybe you do not live, and cannot live, your inner-world as fully and completely as many teachers would have you believe. What If you forsake the outer-world ...and find your inner-world empty and meaningless ...then what?
 27. Do your present beliefs confine your mind and imprison your emotions? Have you accepted others' baggage as your beliefs? And if you think your mind and emotions are not confined ...and your beliefs are not baggage, ...how do you know? ...have you ever really examined and expanded your mind and beliefs? Does it seem wise to build your self and life on such limitations and baggage?
 28. Are you willing to grow up and live without your childish beliefs, judgments, feelings, and habits? You cannot find a "new way" while holding on to your "old beliefs and ways ...and your feelings".
 29. If your life is, as Shakespeare declared in Macbeth, "a tale told by an idiot, full of sound and fury, signifying nothing," then it is long-past time for you to fill your life with meaning and purpose offering a great deal of significance and happiness to yourself and others.