

Article 221: Asava Massage -part 6

It is time for energy healers, massage therapists, and other medical practitioners to reconsider their personal beliefs about the effectiveness of their treatments, for the medical profession's Hippocratic Oath states, in part, "You do solemnly swear, ...that you will be loyal to the profession of medicine; that you will lead your lives and practice your art in uprightness and honor; that whatsoever house [or body] you shall enter, it shall be for the **good** of the sick to the utmost of your power, your holding yourselves far aloof from wrong, from corruption, from the tempting of others to vice; that you will exercise your art solely for the cure of your patients..."

The blind continuation of questionable practices by self-deceived healers merely because the majority of their colleagues believe the treatment to be "correct and proved" is a gross violation of being "for the good of the sick to the utmost of your powers "...which requires each physician, healer, and therapist to insightfully question each and every treatment offered. And as the oath continues, "holding yourselves far aloof from wrong, from corruption, from the tempting of others to vice; that you will exercise your art solely for the cure of your patients..." requires, in essence, that all traditional beliefs and treatments be thoroughly reconsidered ...not merely inspected by being held up to the light of experiences, ...simply because, as centuries of false medical beliefs clearly show, "as you believe you experience ...which only confirms and strengthens your beliefs" ...but nothing in this demonstrates that your beliefs are correct, that your treatments are effective, or that your efforts actually cured or even helped the patient. Do not accede your responsibilities to any assumed authority ...not even your own, for your patient alone must be the concern and focus of every treatment ...not the continuation of your own beliefs and practices.

Asava Massage calls most beliefs about the effectiveness of massage treatments and therapies by themselves into question. Ohh, certainly, the systematic, vigorous rubbing, stroking, kneading, or slapping can improve circulation and relieve muscle stiffness, spasms, and cramps ...and has a soothing action on the sensory nerves to lessen anxiety and tension, ...however, there is no evidence that massage can reduce fat, strengthen muscles, or relieve diseases or ailments. These physical massage actions can lessen and relax the tight, cramped grip patients hold on their embodied self and life ...which offers temporary relief, but this respite is provided by patients to themselves ...not by the massage therapist ...however, if this patient-empowerment is not fully awakened ...so patients can thoroughly change their beliefs, thoughts, attitudes, emotions, and behaviors ...and create a greater and finer inner-atmosphere and out-environment of life as Hippocrates taught, their old ailments and afflictions ...or similar difficulties will quickly reoccur.

Physical massage is not only about physical matters, for as your body is the oneness of a spiritually mindful embodied lifeseif, your mindful self and life are as vital as physical stroking, ...and any treatment that does not actively and accurately consider and relieve these aspects is not "for the good of the sick to the ultimate of your power", you are not holding yourself "far aloof from wrong" and you are not "exercis[ing] your art solely for the cure of your patients."

It is time to reconsider whether any physical massage therapy which does not actively massage a patient's mindful spirit and life is appropriate or kind to the patient.

Partial treatments deceive both the therapist and the patient! Whether the massage technique is based on general manipulation, on the use of thumbs and fingers or elbows and knees to apply pressure to specific areas of the body ...or along acupuncture points, or combines both techniques, without considering other spiritually mindful aspects of a patient's body and life any relief or change will be temporary ...very temporary at best ...and does not offer life-changing benefits to the patient ...as proposed by Hippocrates and Dr. Baker ...and as offered by Asava Massage. Are you willing to learn about these life-changing benefits for yourself and others? If so, then Asava Massage is appropriate for you, ...but first, let's continue with our very-brief history of medicine and massage.

The invention of the microscope is credited to a Dutch spectacle maker in c.1590 ...and to Galileo in 1610, but it was not until the 19th century that physicians looked closely at the body they were blindly treating to see that tissues are aggregations of individual cells ...and the tissues vary because of the particular cells of which they are composed. When your body grows, new cells are added to various tissue aggregations, and when it is malfunctioning or diseasing, the cells are disordered or functioning improperly, ...but since your mind directs and controls and properly nourishes or withholds nourishment from every cell of your body, only you can properly guide or misdirect your body cells. And though physical massage and manipulation or stirrings of those cells can have a very limited affect upon them, only your mind and awareness control the growth, repair, and appropriate functioning or dysfunctioning of your body cells. And though you might consider this cell-guidance and direction to be subconscious ...and beyond or below your awareness, this is simply not so, for you are always aware of the actions in every part of your mindful embodiment. Stop denying your own awareness and the wise leadership you have to offer your individual cells, ...you are the guiding spirit and force in your body ...you alone are the bad or good spirit, ...you are self-possessed!

Though the outside world fully supports every aspect of your self and life, that support is only as you truly desire ...or allow, ...therefore, external manipulation can have little or no lasting affect upon the functioning of your mindful cells, ...only your mind can do that. And do not rush to the conclusion that since all matter can be reduced to energy, there certainly must be a massage therapy or energy treatment which properly stimulates, strengthens, unblocks, or overcomes bad energy ...and must be appropriate and effective for you, ...for energy is energy, there are no good or bad energies, ...so no "good" energy can ever affect or overcome "bad" energy, ...besides, doesn't that sound a great deal like *good spirits and forces overcoming evil spirits and powers* of ancient medicine men? Let's move beyond such limited, archaic views of your body and life ...and advance to an understanding that your mindful body is composed of **mindful energy**, ...in other words, all energy conveys data ...and your energy conveys data or information about you, ...and the energy takes on or becomes the data and emergent-properties it conveys, just as your particular cells take on your lifetone and offer these properties to the tissues, fluids, and other body parts they form. In fact, your cells ARE the energies and data they convey.

Before the mid 1800's, a doctor's treatment was not only likely to be ineffective, it was likely to be more harmful than beneficial, but during the 19th century, physicians announced that the bad spirits and evil forces they had tried for centuries to capture and control were actually tiny bacteria ...and even smaller viruses, but it now seems that their announcement ...and the directions taken by medicine were not fully correct, for the spirits and forces seem to be the interactions of data within energy combining to form information and more-active energies. And though the tiny, circular and rod-shaped bacteria appeared

insignificant and harmless enough, actually, as we have come to realize, they can be dangerous and harmful ...even deadly. In much the same way, the tiny bits of mindful data or personal information in your individualized mindful embodiment can be constructive or destructive of the self and life you truly desire, ...and this can only be affected by changing the data ...not by manipulating your energy or body cells.

Like beliefs, most nearly invisible bacteria are either harmful or directly beneficial to human life ...and can generally be known only by their actions. Some bacteria easily grow on flesh and create disease through these actions. In much the same way, most personal data and information forming your beliefs are either benign or beneficial, while much mindful data, if retained and allowed to grow within you, is destructive to the self and life you truly desire. Without bacteria ...you could not exist, ...and without your personal data, information, and beliefs ...you also could not exist. It seems that the search for good and evil spirits has not, as previously believed, ended with viruses and bacteria, but has just begun with personal data and information ...and it is there that Asava Massage can guide you.

Louis Pasteur, a chemist ...not a physician, developed the use of vaccines to treat, strengthen, and guide the internal immune system such that individuals would not be affected by certain infectious diseases. In much the same way, Asava Massage acts upon patients' data system to keep them free of infectious false-beliefs ...so they can live fully and freely ...and empower and embody the benevolent spirit of data and beliefs and life they truly desire.

Just as properly vaccinated individuals can live fully empowered in an environment of an infectious disease without fear, individuals who are properly vaccinated and strengthened against detrimental infectious data, beliefs, and information, such as good/evil and the judgments they engender, can live the self and life they truly desire in an infectious world of judgments ...all of which are diseased. Instead of only massaging and manipulating your patients and struggling against bad energies, are you willing to empower your patients~or be empowered yourself~through Asava Massage to fully understand themselves and their life ...so they can live as they truly desire?

It is frequently declared that without a goal, all "progress" is without meaning or purpose, but all goals are universally meaningless, for *the universe has no purpose* ...and is not evolving or progressing toward a goal; ...if it were otherwise, you wouldn't have the free will to live as you truly desire ...for you would have to surrender your free will to the universe's overriding purposes and goals. No matter how spiritual a universal meaning may seem to be, ...are you willing to forsake living as you truly desire to being controlled by good spirits? ...even universal spirits?