

Article 228: Suicide -part 1

This may not seem like a pleasant Article ...but it is vital, so please continue reading our words ...and insightfully considering them. Suicide is self-murder, it is the intentional and voluntary taking of one's own life. Suicide is also the destruction of one's desires and interests, ...and it is upon this act that we will focus most of our attention.

If you have thoughts of suicide in any form, no matter how serious or insignificant they seem to be, there are quite a few things you should deeply and expansively consider. *You always choose to serve yourself*, ...therefore, any choice to suicide your life or desires or interests is a choice to serve you, ...but will such a long-term solution actually resolve your temporary problems and ailments? Think again! ...for you will live again ...and continue your present beliefs, thoughts, attitudes, emotions, and expressions, thus continuing these same problems and illnesses, ...however, by changing your beliefs, thoughts, attitudes, emotions, and expressions, now or later, will relieve or resolve your difficulties ...or move you beyond them, ...which solution seems the wiser? Death is in truth, God's forgiveness, for it offers you a chance to die to your present beliefs, thoughts, attitudes, emotions, and expressions ...and resurrect yourself to new ones, but this does not require physical or emotional death or loss, for you may resurrect yourself to new beliefs, thoughts, attitudes, emotions, and expressions in every moment. Doesn't it seem wiser then to destroy the old beliefs, ways, and expressions which have never truly served you ...than to destroy your self and life ...and maintain what does not benefit you?

[Dare to be different!](#)

Are the beliefs that are destroying you worth sacrificing your self and life for? Are your present thoughts and attitudes so worthy of being preserved ...and you and the life you truly desire are not? Your emotions will be carried with you ...just as you have created them, they will not be cleansed and renewed ...for that is your job. Remember, *you do not live the things you do, achieve, or attain to ...or fail to do or complete, you live how you feel about these things*, and emotions will be with you until you live even finer emotions, which you alone choose and enliven ...instead of the emotions you create and constantly struggle against through judgments. End your judgments ...and everything will look clearer and feel finer in the morning, ...but remember, the beliefs, thoughts, attitudes, emotions, illness, and judgments you are struggling against in a body and life which are not as you truly desire were all created and are

maintained by a language you really do not desire. Though you believe otherwise, you will never change these things in your mind•body•life until you change your thinking•believing-language. You believe and think your personal suicide with every thought, speak it loudly in every word, and fulfill it with every attitude•emotion•action, ...is your language worth such a price?

Your judgments are driving you and destroying you!

Which will it be ...you or your language-created judgmental attitudes and emotions? Think carefully ...for whatever emotions you choose to enliven will be yours. Pattern your beliefs, thoughts, attitudes, emotions, and expressions after only what you truly desire ...and want manifested in your body and life. Are you struggling to adjust to a difficult, grievous, or depressing event? ...or struggling to make a courageous decision? Is suicide of yourself ...or of the self and life you truly desire a courageous choice? You are free to move forward and leave behind old beliefs, judgments, griefs, guilts, limitations, and habits ...or continue with your language-created judgments and actions ...and take them all with you. You may release anger, resentment, pain, guilt, and hopelessness only by living anew right now, ...or, by continuing in your present thoughts and actions, you will continue and strengthen them ...and carry them with you.

Stop mulling over your previous mistakes and disappointments, ...and worrying about the consequences you assume will occur. Though you may not realize it, the world needs your active and continued participation; ...look at your world from this perspective, for as you give meaning and purpose to your life, you give meaning and purpose to the universe, ...are you willing to take that away? Before continuing your present judgments and actions, open yourself to the ever-renewing supply of wisdom you have which is blocked and seemingly withheld only by your own thoughts and judgments, for, though you don't realize it now, your greatest and finest possessions lie in the wealth of new ideas within you, ...it is up to you to draw upon these resources and put them to work.

Give yourself the opportunity,
do not take it away.

Do not let current emotions, appearances, situations, conditions, language, and judgments form your outlook into one that is bleak, desperate, or hopeless, ...lift your imaginative thoughts, visions, and expectations to the level of divine ideas, ...for surely they are! Since you always get your own way~you have created your own limitations and

disappointments ...and then accepted and lived them as though they were a reality~you can just as easily pattern your ideas after the “truths”, desires, and opportunities you dream of ...and live them, and they will be your reality. This is the goodness and benevolence of all things, ...isn't that exciting? Your physical body and world is really your emotional self and life.

Isn't life wonderful?

Suicide by act or judgment will not relieve your pain and hopelessness, ...only you can do that by living and emotioning anew ...right now! Mind governs all things ...and clearly reveals that every seeming problem has a **desirable** solution; ...look carefully and insightfully! ...for the whole secret to life's guidance lies in your willingness to see it without judgments, for judgments only distance you from the joy of life ...and the “truth” of yourself. Follow the wisdom and direction within you without judgment ...and turn away from everything that seems to deny the goodness of all things. Free yourself from the pains and limitations of your old judgmental, language-created beliefs, thoughts, and feelings. Awaken from your painful *dream* about life to the “truth” of yourself. Your life is constantly being remodeled ...and it is up to you to choose, with every belief•thought•attitude•emotion•word•action, the life you truly desire, ...and, though you may not believe it now, that life will be yours.

Everything that exists is good ...and holy.