

Article 247 : The Stone -part 2

Within days, you felt that being out-of-control was a far greater burden than the stone, so you rushed back to the place where you met the stranger and picked up your stone ...and carried it to the end of that life ...and had it placed on your grave as a headstone ...where it remains even today. It seems that, though you are no longer carrying a stone or following Krishna's words, you still feel out-of-control, which is the burden most individuals carry today, ...and you foolishly feel that to be burdened in this way sets limits and controls upon you because you are afraid that without restrictions, you will fly off in every direction living as you desire ...not as you believe God desires of you.

If you want such limitations, either as guidance or control, couldn't you set the rules as you desire without simultaneously burdening yourself? Can you not declare, "This is what I truly desire ...and this is what I shall do! ...and this is what I shall be!?" ...for when you do this, you will find that there are times when you need and desire controls ..other times when you do not need or want these restrictions ...and such that you are then able to give yourself the non-limiting controls and guidance you desire without imposing burdens upon yourself. In this way, you have freedom, understanding, and guidance without limitations, ...and you are **the wise knower of higher knowledge**.

Your burdensome words carried you into your life of carrying a stone in India ...and have burdened you in every life since ...by adding more limitations and misbeliefs ...and by blinding you to the higher knowledge of yourself and life ...and of God.

Well, that was her Reading, ...what would you suggest she do? Are you carrying a similar burden in your embodied lifesoul today? If so, what are you willing to do? Will you set your unnecessary burden down and walk away ...or continue living as usual?

Until language, universal knowledge was communicated by direct realization, ...after language, universal knowledge was obscured and twisted to conform to the language ...until it was completely misshapen and forgotten. Now, because of your mistaken language, lacking

understanding, you are forced, though you don't realize it, to function according to false language-created experiences, conditionings, inclinations, and habits ...all of which seem so wise, yet fail to fulfill you ...and truly enrich you.

The woman in our story foolishly followed Krishna's words that *except for work performed for the purpose of sacrifice, this world is in bondage to the affects of work; therefore, perform your actions only for the purpose of sacrifice, remaining free from attachments, ...and she suffered greatly as a consequence, for though she followed the rest of Krishna's words, ...therefore, without attachment either to actions or their results, always perform the work that is essential for the highest good,* she could never determine what actions to follow without being attached to the outcomes essential for the highest good. She wanted her actions to be superior and lead to the highest good, not be merely sacrificial and burdensome, ...for, later in that life, she heard another wise knower of higher knowledge declare, "Unless intentional actions are followed, your life will result from reactions to environmental events and conditions ...and unrealized influences which will never satisfy your soul's desire for an enrichingly constructive life. Be ever attached to the results of your actions ...but do not act *to cause those affects*, for when you do this, your mindful focus is upon the results you desire and are presumably creating ...and not upon your actions or upon your mindful awareness of the unfolding process you have chosen ...and are involved in. do not engage in sacrificial practices ...lest you sacrifice yourself."

What are you sacrificing your self and life for?

Bemindfulness permits all actions ...and clearly reveals that every seeming undesirable action is actually desirable, so perceive carefully and mindfully, for the whole secret of living by higher knowledge and knowing your own beautiful self and guiding actions lies in your willingness to perceive all actions and activities without judgments, for any such opposition only distances you from the awareness and true nature of all things portraying your livingself. Follow your own wisdom and guidance within and all around you without opposition or repudiation ...and turn away from everything, whether inner or outer, which seems to deny the beneficial desirability of all things.

It is declared that by acting in the right spirit, being devoid of cravings and compulsions, not being motivated by compulsion or willfulness, following a path of higher knowledge, being unattached to outcomes, and not being motivated by physical gain or any rewards ...you will act

flawlessly, ...yet, is it not wise to realize that any person or any writing which judges you is not worthy of the task? Do not impose other's judgments on yourself to meet and fulfill ...as this woman burdened herself for centuries with Krishna's untrue words, which lacked higher knowledge. Action as you truly desire, for only this will reveal the truth and higher knowledge of all of your actions, ...and let others concern themselves with their own judgments and actions.

Free yourself from the pains and burdens and limitations of longstanding beliefs and words that you are not free to live as you truly desire ...or that you will be harshly judged for doing so. Awaken from your painful, self-imposed burdensome beliefs about life to the higher knowledge and full understanding of yourself and life. You are constantly unfolding yourself by remolding your actions, ...therefore, it is up to you to choose, with every action of your livingself, the life and individuality you desire ...and desire to **because**, ...and though you may not believe it now, whether beautiful or burdensome, that life will emergently be yours.

All things are good and benevolent,
...are you living as you truly desire?