

Article 260: Living As You Truly Desire –part 2

Living your languaged self and life is like looking into a deep well of dark despair and frustration ...while living your free will is like looking at a vast ocean of wondrous self-created possibilities and opportunities.

Believe it or not, free will~living as your truly desire~is the truth and essence of the universe, while most of your languaged-beliefs•thoughts•attitudes•emotions•words•actions are unfree will ...and thus false. Do not continue in your languaged-struggles and lack of free will to get to free will, for living as you truly desire is free will ...which is lived in every moment ...or not lived at all, ...so how do you live your free will in every moment? ...or recognize when you have strayed?

Living as you truly desire means there are no obstacles or limitations to meet or overcome ...or which restrict your living as you truly desire, and though there are or may be things you do not like, there are no undesirables in your self and life. Granted this seems like too great a life to hope for, to aspire to, and live, it is actually quite simple and fulfilling.

If ever, in any belief•thought•attitude•emotion•word•action, you consider or consider doing anything that puts a restriction or limitation upon you, no matter how small or insignificant that may seem to be, you know you are facing your lack of free will ...and to continue that belief, thought, attitude, emotion, word, or action will only trap you in non-free will ...which you can not talk or emotion your way out of.

For example, if you declare, “I don’t know how to do that”, your “not knowing” limits your doing ...and discovering *how to do that* traps you in a non-free will struggle to learn and know, ...but you are not limited in knowing, you have limited yourself away from knowing, ...why? And by proudly declaring that you are learning how to do that, you maintain your limitations of unknowing ...which you must overcome, ...does that sound desirable? ...or even reasonable? But that’s the languaging-thoughts and beliefs you are trapped in ...and addicted to.

Instead of declaring your unknowing ...and struggling against that, affirm your true knowing and expand that. For example, if we asked you to build a nuclear submarine, you’d probably scoff ...and announce defensively that you don’t know how to build a nuclear submarine, ...however, if we reduced every construction action to a simple form, we would always find a beginning point you know and can build upon, thus you do know how to build a nuclear submarine ...but haven’t guided yourself in that direction, you have denied your knowing or have limited yourself away from building a nuclear submarine. This is true of everything in your

your universe and life: you alone have limited yourself away from what you truly desire.

Be the focus and reason for everything you desire
...and it will surely be you and yours.

Consider the sentenced-action, "By living your declared self, you are living your free will", ...while this sounds reasonable and filled with free will, actually it is a trap, for, in this, to live your free will you must first live your declared self, but in this sentence you do not have the free will to live your declared self to live your free will. And even declaring that you are always living your free will not help, for in not knowingly•willingly•fulfillingly living your free will, you cannot live as you truly desire ...and will make language-choices and follow beliefs•thoughts•attitudes•emotions•words•actions which will more-tightly bind your lack of free will while struggling endlessly to overcome that. One declaration of knowing ...and expanding that in every moment and action as you truly desire, like building a nuclear submarine, will create the free will self and life you truly desire.

Choosing any limitation to endure•resolve•transcend or following any limiting belief•thought•attitude•emotion•word•action traps you in a life of opposing duality without free will to live as you truly desire.

Always guiding yourself by free will, enables you to rise above your language and freely be and live your declared self in a world of dichotomy-language-lack•of•free•will, for no matter what you believe, think, or do, your free will keeps you expansively declared self-focused.

The basis of your dichotomy language is no free will.

Can you see the limitations in the following actions which destroy all semblance of free will ...and living as you truly desire? Without free will, these beliefs are false, can you understand and clarify these untruths? If not, believing them, you will follow them and shackle yourself to nonfree will.

1. Consider your problems as lessons ...and different people as teachers.
2. Be of service to others!
3. You must quiet your mind.
4. Everything has a beginning and an end.
5. Agree with criticism directed at you.
6. Soften your stubbornness!
7. You can turn your criticism into tolerance and respect.
8. Choose being kind over being right.
9. Be happy where you are!

10. Advancing to wholeness is the real purpose of life and relationships.
11. Be flexible with change!
12. Ignore your negative thoughts!
13. Go with the flow.
14. Learn to be more patient, for the more patient you are the more accepting you will be of what is.
15. Think of what you have instead of what you want.
16. Relax! Being relaxed means responding differently to the dramas of life.
17. Positive and negative feelings come and go in a relationship.
18. Set aside quiet time very day for yourself ...especially in your personal relationship.
19. Now is the only time you have ...and the only time you have control over.
20. The more grateful you feel for the gifts of your life and relationships the more peaceful you will feel.
21. Work can add meaning and purpose to your life.
22. A thought is merely a thought.
23. Often, the people closest to you know you the best.
24. Be present-moment oriented!

If lived in any form, all of these beliefs and actions limit and restrict your free will to live as you truly desire, ...therefore, though they seem so wise and appropriate, they are all deceptive and destructive.

Did you discover the self-deceiving limitations in each statement?