

Article 276: Ethics, Morals, Virtue –part 6

“Revealing” is not a matter of exposing all of your past “stuff”, revealing means that from this moment on you will not conceal any aspect of your self ...so your “loftier self and life” or promiseself can shine through, ...but, unfortunately, your habits of “concealing” are actually secreted in the structure of your language ...and in the beliefs and ideas that concealment has created, ...therefore, let’s consider a few of these concealing concepts.

1. **Ignore your negative thoughts!** This is common advice, which is intended to create a moral and virtuous self and life, ...however, “negative thoughts” maintain your judgments ...which you must conceal, the thoughts themselves must be concealed, the person who would think such thoughts must be denied and rejected, ...and then the struggle to ignore what you alone have created continues your inner-conflicts ...which you must also conceal, ...and any inner or outer denial of these thoughts makes matters even worse, which you must conceal and learn to live with, ...do you really believe you can ignore and conceal all of these judgments and struggles? ...and the problems and illnesses which will be outpictured?

2. **Positive and negative feelings come and go in a relationship.** You have sensations, then, considering the environment in which those sensations occur, you judge them ...and label them as “positive or negative feelings”. In other words, you actually *think your feelings* ...and, as in 1 above, you conceal your thoughts ...regardless of whether they are “positive or negative”. Never conceal or deny your feelings! ...after all, they are your judgments, ...aren’t you proud of your judgments?

3. **Advancing to wholeness is the real purpose of life.** Repeating or following this belief denies and conceals the greater self and life you are attempting to reveal and live, denies and hides your free will, blocks self-realization, and as we indicated in previous Articles, all “advancing”~aka learning•growing•developing~conceals your self-imposed restrictions and limitations.

4. **Be present-moment oriented!** Though this sounds so “right” ...and self-revealing in the moment, it enables you to deny your previous beliefs•thoughts•attitudes•emotions•words•actions ...and your desires and images for your future, ...does that seem wise and openly revealing of your self and life? Are you actually willing to confine yourself so in a present-moment? The self cannot know itself, it can only infer itself,

...therefore, by ignoring or concealing the past, you have no way to infer yourself, which means that your greater self-awareness, promise, and self-realizations are hidden from you, ...ohh, they are always with you, but all of these false beliefs obscure that ...and veil them from you.

5. **Work can add meaning and purpose to your life.** Only you can create meaning and purpose ...and promise in your life, you cannot bring them to yourself to live in your life. Believing that work can add or bring meaning or purpose to you will keep you endlessly searching for the “right job or work”. No matter how great an artist or musician you are, how ethical a leader or politician you are, how wonderful a farmer or parent you are, how great a doctor or healer you are, or even how humble and ordinary you are, none of these abilities•skills•attitudes applied in any work will ever “add meaning and purpose to your life”. Meaning and purpose are your creations or denials. Do not forsake yourself in work! ...realize and reveal your promiseself in everything.

6. **The more grateful you feel for the gifts of your self and life the more peaceful you will feel.** There are no “gifts of your self and life” which you have not given to yourself, ...by denying this ...or not understanding it, you conceal the fact that any unpeacefulness is also a gift to yourself, ...why might that be? Are you attempting to perceive and reveal your greater self and life ...which you also concealed under a cover of language and denials? Have you obscured the truth of your empowered self for so long that you feel it necessary to wait for gifts to be revealed and/or appreciated ...or to rely on developing such gifts in order to have a peaceful life of gratitude? What unpeaceful or undesirable aspects of yourself are you denying and concealing? What ingratitude are you struggling with and against? Remember, feeling peaceful is thinking peaceful, ...what unpeaceful thoughts are you harboring? ...struggling against? ...constantly disguising or trying to change?

7. **Set aside quiet time everyday for yourself ...especially in your personal relationship.** Would you set quiet time aside from what you truly desire and enjoy? Of course not! And though you believe you are expressing the importance of your greaterself, aren't you actually concealing the insignificance and unimportance of your partner and relationship? This is true of every aspect of your promiseself and life. Maybe your “personal relationship” is not as personal and intimate as you are trying to make yourself and others believe, ...obviously, you are not as personal and intimate with yourself as you would like, ...or maybe this is as

close as you want to get. Why might that be? What else might you be concealing?

8. **Relax! Being relaxed means responding differently to the dramas of life.** There are no dramas of life! ...you create the dramas ...and through this and similar beliefs, you deny your own creations ...and then respond undesirably to those creations, ...what is going on and being concealed? ...or disguised in dramas? Why relax? If you are creating as you truly desire, get passionately involved, ...and if not ...why not? What are you concealing? Being passionately relaxed about every aspect of your self and situation of your life is living your greater promiseself as you truly desire, while relaxing problems•stress•dramas out of your body and life maintains your struggling self and life ...and your denials of this.

9. **Learn to be more patient, for the more patient you are the more accepting you will be ...of what is.** Being patient lets you deny and conceal the events and conditions you are creating and living, ...what wisdom is there in this? Patience is an attempt to conceal your judgments, ...but patience in any form actually “reveals” your impatient judgments, so what is gained in this? Patience denies free will ...and depowers you! Many, many things are concealed under a covering of patience, ...at least there are many attempts to conceal things under patience and peacefulness. Your greater promiseself has no need for patience ...for all is realized and revealed. As far as “acceptance” is concerned, anything you accept is what you have judged ...and are trying to conceal, ...there is no acceptance in this.

10. **Choose being kind over being right.** Choosing to be kind obviously conceals your unkind beliefs, thoughts, attitudes, and emotions ...and any words or actions of “being right” indicate your thoughts and feelings of “not being right” ...and no actions of “being right” will change or conceal this from yourself. If being kind reveals unkindness and being right reveals unrightness, how will substituting one concealment for another resolve anything? Instead of continuing either of these concealments, be your greater self at all times such that “kind and right” are non-issues.

By ending the examples of concealments previously indicated in **bold** and following these new understandings of always realizing and revealing yourself, you will begin creating and living your greater, all-revealing promiseself in a world of all goodness in the midst of everyone’s language-created world of struggles, restrictions, limitations, and concealments, ...and though to others it seems that you are living pretty

much the same as before, you live a loftier, unblocked promiseself in your expansively revealed world of goodness and benevolence.

Are your concealments worth the price of losing
the loftier promiseself and life you desire?