

Article 292: You Do Not Have To... –part 1

As Mark Twain said, “I have been through some terrible things in my life ...some of which actually happened.” Though this seems to indicate Twain’s control over what did or did not happen to him in the present, all awarenesses of happenings are in the past, not in the present, and the awareness occurs in noncetime.

Since all events in your life reveal exactly how you are living your self and life, the pattern of those events must truly reveal and support you as you are today, ...isn’t that reasonable? If so, then, *as you truly change*, in whatever way, as you look at the previous events in your life, and the pattern of those events, they will simultaneously change completely for you to fully support your changed self today ...yet remain the same for everyone else involved in those previous events. In this, you obviously have complete control over your past, ...then, if you call upon old memories and experiences to advise you today, if you have truly changed, those memories will be completely different ...because you are a different or changed individual, ...and that changed ...past fully and unconditionally supports your continued change today, ...therefore, you have complete control over your past and present.

But wait! ...since events reveal the self and life you are creating and living, by continuing your self “as usual”, you continue events and the pattern of those events “as usual” in the future ...and that fully supports your self and life “as usual”, ...thus, now is not the only time you have, nor is it “the only time you have control over”. Since time is a measure of change, and you control your changing or not changing, this means that you create and control “all time” in your self and life. **All time for you is in your hands.**

If you continue your old beliefs•thoughts•attitudes•emotions•words•actions from the past, then your past•present•future in noncetime ...and your self•life•events•experiences will remain pretty much “as usual”, thus, whether or not you change, you alone create and control the events and time of your life, ...are you living and having “the time of your life” as you truly desire?

God gave you life ...but doesn’t tell you how to use it,

God also gave you a mind ...and doesn’t tell you how to use that ...either.

Is there any dualitylanguage-based wisdom or true awareness? Obviously, the answer is a resounding, “Yes, of course!” ...but, now think: the wisdom and true awareness itself is only relative to the dualitylanguage

used and lived ...and the limitations that creates, ...however, change the language ...and that same duality-wisdom and true awareness follows your new language to create a new self•universe•wisdom.

It is doubtful that there is an end to the possibilities of this ever-mutating•expanding demonstration of a language•language-created self and universe ...and the wisdom and true-awareness offered. There is wisdom and true-awareness with each and every language-self•world, ...the question then is only...

Is your dualitylanguage self and world
the person and life you truly desire?

Does your present languageworld offer or withhold the lifeself•wisdom•awareness you truly desire? Can you language and live as you truly desire in the opposing languageworld created by everyone around you? Remember, as truth is always and in all ways true, as you change your language, true wisdom and awarenesses follow your new language to create a new self and life and world. Are you willing to live in a world of opposition and duality? ...of causes and judgments? ...yet not be of that distorted, conflicting world? If you are willing to be and live *a self and life of promise*, even in what others have created as *their world of opposition*, then there is only one thing you must do, you must live the language of promise, ...you do not have to trust yourself or the universe for your promiselanguage to work for you, ...in fact, there are many things **you do not have to do** ...so don't start off with such distorted beliefs and promises. **To live the language of promise:**

- You do not have to become aware of your higherself, greater wisdom, or profound understandings.
- You do not have to know yourself or your worthiness to understand the oneness of yourself and the world around you as a “youniverse”.
- You do not have to get in touch with creative, manifesting energy and let go of selfishness ...or self-desires.
- You do not have to, and should not, keep promiselanguage secret or special.
- You do not have to recognize promiselanguage as a special gift of spirit, for it is not a gift, it is normal and natural ...and it is your offering to yourself, ...it is not a *special* force, power, principle, awareness or ability to tap into.
- You do not have to quiet your mind, become consciously one with the world around you, or get in touch with a higher, creative power.

- You do not have to lessen or release any self-imposed hurts or lack of wellbeing ...or remove guilt and take responsibility for your self and life, nor do you have to love yourself or offer unconditional love to others.
- You do not have to create harmony between your thoughts, beliefs, feelings, and behaviors, nor do you have to establish inner-peace.
- You do not have to... and cannot actually surrender your empowering will to God, angels, or personal guides ...or even to a higherself, ...nor can you evoke them to work for you.
- You do not have to rid yourself of desires or ego.
- You do not have to free yourself from old beliefs and concepts, from old hurts and resentments, or from self-pity.
- You do not have to be inspired by God ...or practice kindness or unconditional love.
- You do not have to connect with “the divine source and wisdom of the universe”.
- You do not have to believe and have faith.
- You do not have to detach from your limitations, end your judgments, or get in touch with God’s will for you.
- You do not have to look at the world and not judge it ...nor do you have to just let it be.
- You do not have to prepare yourself or decrease yourself, or lessen your desires, for promiselanguage.
- You do not have to meditate as a way to be receptive, to understand, or to act upon your promiselanguage.
- You do not have to gain or maintain a particular state of awareness and acceptance ...or remain centered or open.
- You do not have to chant or hold “right” attitudes.
- You do not have to be patient ...or detach yourself from expectations or outcomes ...nor should you. You should have expectations and act immediately!
- You do not have to recognize a oneness of inner•outer worlds.
- You do not have to remove doubts and uncertainty ...and be accepting or appreciative.
- You do not have to follow a “right” pathway or a practice of offerings and gratitude; ...struggle endlessly against your personal promiselanguage and it still applies and advises.

- You do not have to give with no expectation or return, ...in fact, you don't have to act upon these promisewords and understandings for them to be in your life, for, in truth, they have always been there.

[Are you willing to be a promiseperson?](#)

And actually live your promiselife? If so, begin by ending the futile judgments and limitations imposed upon you by your dichotomylanguage.