

Article 294: You Do Not Have To... –part 3

Please read or reread parts 1-2 before continuing, ...or are you going to assert your control and read on? It is frequently declared that “all control begins with taking control of the thoughts you hold in your conscious mind”. This is not true, for control begins with the language you use to form your thoughts and conclusions, yourself, and the life and youniverse in which you live and thrive ...or languish.

You are self-made, ...how well have you done?

Have you been open•honest•intimate with yourself?

All choices are founded on the dishonesty of judgments, ...therefore, if you have to make a choice, any choice, you were dishonest in creating that choice, don't continue and expand your dishonesty by making the choice instead of living as you truly desire; ...stop and reconsider!

If you set goals or Commandments ...or proclaim them ...and do little about them, you are dishonest, for there is no honesty in declaring anything you are not acting upon ...and always choosing and living what you believe takes you toward what you want is equally dishonest, for that denies you. If you have promised yourself, that *promise is only what you are actively being and living*, ...therefore, you can never promise a dishonesty. If you don't know what to do or what you want, only a language-dishonesty is blocking or concealing your knowing, ...what might that be? If you are creating options and choices for yourself, you are being dishonest! Those things said, let's continue with the personal promiselanguaged Ten Commandments I am living and revealing.

6. **Thou shalt not kill**, becomes, in promiselanguage, **63** ...that *fighting against problems and struggling to force outcomes or delay endings forsakes (kills) joy, ...especially the joy and promise of living as I truly desire*. I will not kill or delay, with judgments, the promiseself and life I truly desire, for I know that every judgment destroys, withholds, or conceals the promise of greater wholes in my self and life.
7. **Thou shalt not commit adultery** reveals that **55** ...*despite appearances and presumptions, no thing or individual lacks abundance*. Committing adultery in any form reveals a lack of abundance ...and a belief that others are greater or have more to offer me to overcome my feeling of lack of abundance. I will always be enlivened and empowered by the promise and abundance of all

things, ...I will live abundantly and help others do the same, I will not deny or delay my abundant self and life of promise.

8. **Thou shalt not steal.** This Commandment reminds me that **6** *...all conflicts and illnesses (and seeming lacks) are self-created through my judgments ...and are thus self-imposed.* Through judgments, in any form, I steal away the promiseself and life I truly desire. Contrary to normal beliefs, I only, and can only, steal from myself. Experiences are the only means I have to realize and affirm my self and life, ...in fact, without experiences there is no life, ...but why create and live conflicts ...which steal away everything I truly desire?
9. **Thou shalt not bear false witness against thy neighbor** assures me that **54** *...all things exist in their proper place.* Judging, in any form, bears false witness against myself and all that I judge. I can look upon myself and my world with judging ...and see that it is “all good”, then I will reconsider my judgments and my usual way of seeing, living in, and experiencing my self-created world ...and begin living in my desired self and life of *all promise and the true benevolence of greater wholes.* Knowing that all events and relationships in my life reveal the self and life I am living, I will not deny, justify, or bear false witness to the self and life I am creating and living.
10. **Thou shalt not covet thy neighbor’s house, thy neighbor’s wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor anything that is thy neighbor’s.** This Commandment reveals that **53** *...all growth, development, blossoming, advancement, and transcending is a lessening of self-imposed limitations, such as coveting, it is not learning and improving.* To create ideas and make them live and serve, or to live my promiseself, only requires that I lessen my personally imposed restrictions and limitations. I cannot fill my life with meaningful promise and enriching happiness while limiting my mind with judgments, doubts, and uncertainties in any form, ...I will develop finer attitudes and desires.

I will stop enclosing and limiting myself so, for I want to awaken and enliven greater and finer promises and possibilities for my mindful heart ...and individualize the infinite promise of all things, so I won’t limit my awarenesses and expressions. I will unlimit myself into greater understandings ...and a fuller, more-enriching promiseself and life.

Ask yourself, "If I were to live my promiseself and life today, what would my Ten Commandments reveal ...and how would they guide me to understand and live? How would centuries of religion in my life change? And how would this enhance and expand my self and life?"

Living the promiseself and life you truly desire reveals that there is no conflict between inner•outer needs, desires, actions, and possessions, ...they are the same in promiseself ...and are thought and lived alike. The promiseself and life you truly desire enhances the qualities that are the highest and finest for you as you truly desire, ...and enables you to observe and respond to the same qualities and promise in others, ...which provides a full life without need, judgment, or struggle.

Living your promiseself and life enables you to raise, expand, and increase your perceptions ...and live fully without the contamination and limitations of judgments, ...and it enables you to be fully enlightened ...and simultaneously promises you into even deeper awarenesses of yourself ...and all of life without contradiction. In a promiseself and life, no ego-loss or personal sacrifice is required for full awakening and enhancement of self. Living your promiseself and life promises you beyond the illusions, limitations, and enclosing barriers of your dichotomylanguage, ...and it keeps you in the expansiveness of noncetime.

[Standing in promise for something worth promising
is my finest expression of love and intimacy.](#)

Following is my personal commandments written as Ten Promises in one.

All of life, being founded on greater wholes, fully supports my living self-evidently as I truly desire, making me, in all aspects, the meaning and promise of my life, ...thus, in all of this, I am only endangered by my own judgments, for what is known within is still without ...and is plainly and fully revealed in everything around me, which clearly affirms that all life truly is founded on greater wholes ...and fighting against problems and struggling to force outcomes or delay endings forsakes joy, ...especially the joy and promise of living as I truly desire. Despite appearances and presumptions, no thing or individual lacks abundance, thus all conflicts and illnesses and seeming lacks are self-created through my judgments ...and are thus self-imposed, for all things exist in their proper place, ...which wisely reveals that all growth, development, blossoming, advancement, and transcending is a lessening of self-imposed limitations, it is not learning and improving.

Always promising and living self-evidently
as I truly desire
fully supports me and everyone in my youniverse
with true promise.