

Article 297: Some Mindstuff About Mind –part 2

1. Living an immortal personhood or declared self ...or a self greater than your daily languageminded-you creates a sense of freedom and security by lessening your feelings of language-separatedness in a hostile world.

2. Do not struggle to change, to transcend your ego, to live spiritually, to heal your self and life, to overcome your language, to control your habits and your “automatic” reactions, or to limit your desires, instead, redirect the focus of the mind that is you ...and the life that is yours.

3. I will go out on a limb and disclose that your brain is not the vehicle of mind nor is mind the process of brain activity, for though there is no identifiable brain in a tree ...or even in weeds, obviously plants are conscious and act and respond accordingly. It seems that your brain offers specific and particular mind-functions not available to trees and weeds. Thank goodness! ...wouldn't it be awful to be outsmarted by a weed?

Do you suppose there is any significance in the fact that brains only exist in “portable” creatures ...such as birds and bees and you? ...and roaches of course? Maybe, just as a transistor radio tunes into radio waves, your brain merely decodes and translates infinite mind to you mind ...or to chicken mind? But why? Could it be that, as a transistor radio has a portable battery, you are the energy battery that keeps your brain operating? ...while trees and weeds depend on roots ...and are not mobile self-energizers? Yet, with all of your freedom and free will, you limit yourself through your language-thoughts•beliefs•feelings•words to the life and consciousness of a tree or weed ...and call that “really living”.

4. Instead of *freedom* and *free will* being dominate or having dominion in your life, do you perceive them as goals? ...to gain free will or get free...which certainly denies your freedom and free will. In much the same way, you are denying, limiting, and restricting your mind as some fearful opponent, ...but you will deny that, won't you? Is being personally *mindfree* and particularly *mindwilled* dominant in your self and life? ...or are you dominated by language? ...and struggling desperately to get free?

5. Consider who you are ...and what you are living, ...is there a difference between that and what you sense your self to be? If so, you are beginning to realize how nonsensically you are denying yourself ...and how mindlessly you are living.

6. Searching for “causes” deceives you, and will not succeed, for all things exist within a state of differentiated-oneness ...and function in that

way, ...therefore, believing that things cause other things ...or that particular processes lead to specific consequences is inaccurate and narrow-minded.

7. Motions create emotions! In other words, think and act as though you love or dislike someone, even if this is untrue, and soon you will feel love or dislike. These feelings may or may not be reciprocated, but you have motioned these thoughts and feelings for yourself ...event though you started from a disbelief or an opposite belief.

8. Speak intimately to everyone you meet about mind, ...ask of their beliefs ...and speak of yours, consider how they are thinking and feeling ...and be willing to clearly express your own thoughts and emotions, discover what attitudes you are both struggling with and against, listen carefully to their words ...and even to your own, and discuss your work and life and purpose ...and of course your promises. This may seem to be odd advice, but, since all things are *a differentiated oneness of mind*, every subject and manner of discussion enables you to intimately know yourself ...and another person, which also openly reveals the underlying mindful reality of all things. Hold no secrets or denials! Claim and proclaim yourself!

9. Of course, in a world of differentiated mind, as you truly proclaim another, you claim and proclaim yourself!

10. It is not so much a matter of what you speak of ...as how you speak about it that matters. Remember, every person is struggling with the oppressive tangle of language and judgments searching for true meaning, purpose, and understanding in life ...and will welcome a clear discussion of those subjects. Through your genuine interest in others, you will be surprised at how truly interested they will be ...and how intimately and fully they will communicate. Remember, heart-to-heart is really mind-to-mind.

11. To free yourself of distracting thoughts and beliefs ...followed by reactive attitudes and emotions instigating distorted words and actions, begin by eliminating thoughts and beliefs of opposing opposites.

12. Creating opposing thoughts or beliefs to counter or overwhelm previous ideas, whether your own or another's, merely compounds the confusion and lack of understanding. Speak only of what you do believe, not of what others believe is "wrong", for their beliefs truly reveal them ...and that is "not wrong".

13. As all is differentiated mind, all things are good and of superior quality, there being no lesser mind or quality, ...therefore things cannot be otherwise. All things are right and proper as they ought to be, and as well,

all things are reliable and dependable, real, agreeable and beneficial, fully effective and satisfying, actual and acceptable, ...however, you mindfully determine what is mindfully “right and appropriate” for you; you are not to determine what is “right and appropriate” for another.

14. Strong emotions tend to overwhelm and sweep away your sense of self; ...is this an attempt to clear yourself of judgments ...if only for a brief moment? ...to assure your being alive” ...to cleanse you?

15. In your dualitylanguage, full awareness of an experience requires complete acceptance of that experience as it is, ...however, complete acceptance of an experience as it is requires full awareness of that experience, ...is this any way to continue living your self and life?

16. Edison did not create electricity, he invented ways *to use* electricity. In the same way, you do not create possibilities ...yet you do! ...by creating ways to use possibilities. And as brain does not create mind ...yet it does! ...by creating ways to apply mind. Your brain does not create you or youmind ...yet does! ...as youmind uses your brain to create you by creating ways for you to use youmind.

17. As the universe offers no possibilities ...yet reserves none, the universe offers no truth•wisdom•understanding•awareness•realization ...yet reserves none, ...and the universe, being all mind, offers no mind ...yet reserves no mind.

Confront your old beliefs and limits

...and dare to be different.